

# Crystal Lake Soccer Federation

*Return-To-Play Action Plan, Phase 4*



# Overview

- The only objective for CLSF's return-to-play plan is to ensure the health and safety of all players, parents, coaches, referees, staff and volunteers.
- CLSF leadership and staff will continue to follow all guidelines from the CDC, the State of Illinois, Illinois Youth Soccer, as well as county and local government officials.
- This document highlights procedures, rules, guidelines, and protocols per Phase 4 of "Restore Illinois."



PLEASE NOTE ALL DOCUMENTS SUBJECT TO CHANGE BASED ON PUBLIC HEALTH AND STATE REQUIREMENTS

# Key Resources

- Below are links to key documents outlining ALL details of return-to-play and youth sports participation:
  - CDC reference documents to guide Crystal Lake Soccer's families and coaches.
    - [Checklist for coaches](#)
    - [Keeping players safe](#)
  - [Illinois Youth Soccer Association \(IYSA\) announcement](#)
  - [Restore Illinois Phase 4 Youth Sports Guidelines](#)
  - [Information/guides for all CLSF members](#)



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# CLSF Club Guidelines

- Clubs should display signage at entry with face covering requirements, social distancing guidelines, cleaning protocols, and any reduced capacity limit, in multiple languages as needed
- Collect from each participant the signed "IYSA Communicable Disease Release of Liability and Assumption of Risk Agreement" PRIOR to every athlete's participation.
  - Click [here](#) to access the form.
  - When you registered your child, you signed and accepted the terms of the form above
- Train and educate all staff on protocols
- Provide hand sanitizing stations and waste receptacles at fields for individual participant use.

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- Train and educate all staff on protocols
- Provide hand sanitizing stations and waste receptacles at fields for individual participant use.
- Communicate insurance information, protocol and responsibilities to the parents prior to initial participation. IYSA does not provide any insurance coverage for Covid-19 related claims.
- Have an effective communication plan in place.
- Have an action plan in place, in case of notification of a positive test.
- Be prepared to shut down and stop operations.

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# Parent Guidelines

- Notify CLSF club immediately if your child becomes ill for any reason.
- Ensure your child is healthy and check your child's temperature before activities with others.
- Consider not carpooling or very limited carpooling.
- When spectating on the sidelines, parents should follow state and IYSA orders for wearing a mask that covers the mouth and nose.
- Ensure child's clothing is washed after every training.
- Ensure all equipment (cleats, ball, shin guards etc.) are sanitized before and after every training.
- If the club has set-up a "family area" for you to watch, stay within your designated area.
- Do not assist your coach with equipment before or after training.
- Ensure your child always has necessary sanitizing products with them.



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# Player Guidelines

- Take your temperature daily and especially before activities with others.
- Wash hands thoroughly before and after training.
- Bring and use hand sanitizer with you at every training.
- Masks are permitted but not required to be worn by the players during training.
- Do not touch or share anyone else's equipment, water, food or bags.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.



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# Coaches' Guidelines

- Coaches are responsible for keeping players safe.
- Always wear a face mask within 10 feet of the participants.
- Ensure coach is the only person to handle equipment (e.g. cones, disk etc.); do not enlist parental or attendee assistance.
- Ensure all athletes have their own individual equipment (ball, water, bag etc.).
- Do not use scrimmage vest or pinnies – unless each player is provided a permanent one.
- Teams / groups should be static, with no mixing of employees or participants between groups for the duration of the session.



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Thank you for your continued  
patience, support and  
dedication to the Crystal Lake  
Soccer Federation!

For questions, please click [here](#).

