



## Communicable Disease Guidelines for Parents & Spectators

- Ensure your player is healthy and check your player's temperature before activities with others.
- Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days. Participants must not have above normal temperature readings. Anyone with a temperature of 100.4°F or above shall not be permitted to remain on site.
- If a player or coach is diagnosed with Covid 19, the entire team must be quarantined for 14 days. This means no games or practice during the quarantine period. Notify CLSF Immediately if your player becomes ill for any reason.
- Consider not carpooling or very limited carpooling.
- Ensure player's clothing is washed after every practice and game.
- Ensure all player's equipment, (shoes, balls, shin guards, etc) are sanitized after every practice and game.
- Ensure your player always has necessary sanitizing products with them.
- Ensure your player has a mask to wear to and from the field.
- Do not assist your coach with equipment before or after practices and games.
- Notify your coach via the Team Website if you, any family member or friend plans to attend a practice session or game.
- The number of parents or spectators attending each game or practice session will be limited to a group of 50 persons. The members of this group must remain static for the entire season. Parents and spectators must remain 30 feet from the playing field or practice area and 30 feet from any other group.
- **A mask covering mouth and nose must always be worn by parents and spectators when attending a game or practice session.** Parents and spectators should practice social distancing – 6 feet apart - and follow state/IDC guidelines. These guidelines may be found on the CLSF website.
- CLSF will monitor social distancing by spectators with the assistance of coaches.
- Players and spectators should leave the field immediately following the conclusion of the game.
- Masks are required of anyone who uses the restroom facilities at Soccerhouse. Restrooms will be cleaned regularly and sanitizer will be available. Parents are asked to assist in making sure these facilities are treated with respect.