

FORCE Spring Training Schedule - April 2nd - June 10th

Girls	Coach	First Session	Training Location	Second Session	Training Location	Scrimmage Session	Training Location
09-10E	Matt Morrison	Mon 4:30-6:00		Wed 4:30-5:30		Thu 6:00-7:30	
08E	Elo Alinkas	Tue 4:30-6:00		Thu 6:00-7:30		Fri 6:30-7:30 (S1)	
08P	Matt Morrison	Tue 4:30-6:00		Thu 6:00-7:30		Fri 6:30-7:30 (S1)	
06E	Marcin Simson	Mon 4:30-6:00		Thu 6:00-7:30		Fri 4:30-5:30 (S2)	
05E	Rafa Heck	Tue 5:30-7:00		Thu 5:30-7:00		Fri 5:45-7:15 (S3)	
05P	Marcin Simson	Wed 4:30-6:00		Thu 6:00-7:30		Fri 5:45-7:15 (S3)	
04E	Chris Rockall	Tue 5:30-7:00		Thu 6:00-7:30		Fri 5:30-7:00 (S4)	
03 (8th Grade)	Chris Rockall	Mon 6:00-7:30		Wed 6:00-7:30		Fri 5:30-7:00 (S4)	

Boys	Coach	First Session	Training Location	Second Session	Training Location	Scrimmage Session	Training Location
10E	Matt Morrison	Wed 5:30-7:00		Thu 4:30-6:00		Fri 6:30-7:30 (S1)	
09E	Elo Alinkas	Mon 5:00-6:30		Wed 4:30-6:00		Fri 5:30-6:30 (S5)	
08E	Mike Chwistek	Mon 5:00-6:30		Wed 6:00-7:30		Fri 5:30-6:30 (S5)	
08P	Billy Klekovic	Mon 5:00-6:30		Wed 6:00-7:30		Fri 5:30-6:30 (S5)	
07E	Marcin Simson	Mon 6:00-7:30		Thu 4:30-6:00		Fri 4:30-5:30 (S2)	
07P	Matt Morrison	Mon 6:00-7:30		Wed 7:00-8:30		Fri 4:30-5:30 (S2)	
06E	Mariano Klaric	Mon 5:00-6:30		Thu 6:30-8:00		Fri 5:30-6:30 (S6)	
06P	Mariano Klaric	Tue 6:30-8:00		Thu 5:00-6:30		Fri 5:30-6:30 (S6)	
05E	AJ Cappello	Mon 6:30-8:00		Thu 4:30-6:00		Fri 6:30-8:00 (S7)	
05P	Mike Chwistek	Mon 6:30-8:00		Wed 4:30-6:00		Fri 6:30-8:00 (S7)	
04E	Kristian Rockall	Mon 5:00-6:30		Wed 6:00-7:30		Thu 7:30-9:00 (S8)	
04P	Mariano Klaric	Tue 5:00-6:30		Wed 5:00-6:30		Fri 6:30-8:00 (S7)	
02E	AJ Cappello	Tue 5:30-7:00		Wed 6:00-7:30		Thu 6:00-7:30 (S9)	
02-03E	Diego Cevallos	Tue 5:30-7:00		Wed 6:00-7:30		Thu 6:00-7:30 (S9)	
02-03P	Mariano Klaric	Mon 6:30-8:00		Wed 6:30-8:00		Thu 7:30-9:00 (S8)	
00-01E+	Diego / Rafa	Tue 7:00-9:00		Paradigm		Thu 7:00-9:00 (S10)	
00-01E	Diego Cevallos	Tue 4:00-5:30		Wed 4:30-6:00		Thu 7:00-9:00 (S10)	
Youth Academy	Matt Morrison	Wed 4:30-5:30		X		X	
Goalkeeper Training	Cristiano Costa	Tue 8:00-9:00 (99-03)		Wed 8:00-9:00 (99-03)			
Goalkeeper Training	Billy Klekovic	Mon 6:30-7:30 (2008-2010)		Tue 7:00-8:00 (04-07)			
Goalkeeper Training	Elo Alinkas	Mon 6:30-7:30 (2008-2010)		Wed 7:30-8:30 (04-07)			

Scrimmage sessions are highlighted in GRAY. The code (e.g S5) will show who you are matched up to scrimmage against. Please note this is not a field location

Individual Performance Programs	Coaches	Birth Year	Dates	Day / Time	Fee
Finishing Class	Elo Alinkas	2010-2008	Apr 10,17,24 May 1,8,15	Tue 7:00-8:00	\$90.00
	AJ Cappello	2005-2007	Apr 10,17,24 May 1,8,15	Tue 7:00-8:00	\$90.00
	Mike Chwistek	2004-2002	Apr 11,18,25 May 2,9,16	Wed 7:30-8:30	\$90.00
Goalie Camp	Elo Alinkas	2008-2010	Apr 10,17,24 May 1,8,15	Tue 6:00-7:00	\$90.00
Friday Skills & 1vs1	Elo Alinkas	2010-2008	Apr 13, 20, 27 May 4, 11, 18	Fri 4:45-5:30	\$80.00
	Billy Klekovic	2007-2006			\$80.00
	Mike Chwistek	2005-2004			\$80.00
Friday Skills & 1vs1	Matt Morrison	2010-2008	Apr 13, 20, 27 May 4, 11, 18	Fri 5:45-6:30	\$80.00
	Kristian Rockall	2007-2006			\$80.00
	AJ Cappello	2005-2004			\$80.00

Sign your player up for two classes from our Individual Performance Academy and save \$10 per class!