

## GRADES 5 & 6

**Games** -A match consists of three games to 15 points or 15 minutes each game. A game must be won by two points unless the 15 minutes expire. The clock will run continuously. Ties are possible when time has expired. The first game MUST start by 10 min. after the scheduled start. A fourth game can be played if time allows, but it will not count toward the league standings. The court must be available for the next match at the scheduled time. The net height will be 6ft. No timeouts will be allowed at this age group.

Substitutions - With a 9 player roster, each player must play at least 2 out of 3 games. 5 players must be available for a game to start. No other substitutions are allowed other than for an injury. The goal is equal playing time.

Serving - Any one server cannot serve more than 3 consecutive points. When this has occurred, rotate to the next server. The server should get 2 chances to serve successfully on his/her first service attempt. The service line will be at least 25ft.

Violations - Carries, double hits, etc., will be called at this grade level. It is important for the players to know what those violations are and try to correct their technique.

Hits- Encourage passing, setting, hitting (3 hits) before the ball goes over the net.  
Spiking -An overhead hit with good control should be encouraged. An out-of-control spike or kill is discouraged.

**General** - Coaches are encouraged to be active near or on the floor between points, but not during play. For each rotation, it is anticipated that the coach will be needed to position each child to his/her new position without stepping onto the court. Coaches are also responsible for maintaining the flow of the game. DYA will supply one official.  
When each game is over, players must line up on each side of the net, cross under the net and greet the other team.

No tournaments will be held at this level. Parents must provide kneepads for each child at this age group. No child will be permitted to play without kneepads.