

Southeast Volusia Youth Sports

2017 Baseball Pitching Rules

League Age	Daily Max Pitches	Required Rest (Pitches)				
		0 Days	1 Day	2 Days	3 Days	4 Days
7-8	50	1-20	21-35	36-50	N/A	N/A
9-10	75	1-20	21-35	36-50	51-65	66+
11-12	85	1-20	21-35	36-50	51-65	66+
13-14	95	1-20	21-35	36-50	51-65	66+
15-16	95	1-30	31-45	46-60	61-75	76+

- Players on Southeast Volusia Travel Teams (Restrictions), must abide by rest based on weekend usage & can pitch no more than 50 pitches the first game of the week & 35 pitches the second game of the week given the proper rest.
- The first or second game is determined by the team, not the player.
- Pitchers can finish the current at bat when they reach their pitch limit.
- Rest Days are calendar days when no pitches are thrown.
- Coaches must keep pitch counts on all pitchers and compare each inning
- The home team's pitch count is the official count.
- Failure to follow pitching rules will result in forfeiture of game in question.
- Repeated failure to follow pitching rules will result in suspension.
- Final pitch counts must be entered into the pitcher's log immediately after each game. The Pitch log will be located in score booth.
- Failure to submit pitch counts will result in the pitcher being credited with the maximum number of pitches requiring 4 days rest.