Swansea Girls Softball League COVID-19 Safety Plan

SGSL is excited to announce our plan for the resumption of USA/NSA Softball Our primary goal is to enable a safe playing environment that offers the highest level of instruction fosters strong sportsmanship and insures fun for all of our participants. For this season, in order to emphasize the safety aspect of our goal, we will be governed and guided- at all times and at every step of the way- by the 4-Phase Reopening Plan implemented by the Commonwealth of Massachusetts.

Governor Baker’s plan allows us to begin practicing in Phase 2 and playing games in Phase 3. Currently our plan is to begin practices, for all levels, the week of June 8. Games are currently scheduled to begin the week of July 6 for **ALL** divisions, seniors through T-Ball.  Schedules are being finalized and will be shared as soon as possible.

The plan is to have a full season for all age groups.

As always SGSL will comply with all federal, state and local regulations. We are following a specific COVID-19 safety plan for the 2020 season.  Each component of this plan, including the specific dates for practice and game play, has been implemented according to the guidance received from the Commonwealth of Massachusetts, The Massachusetts Department of Public Health, Town of Swansea Board of Health and USA/NSA Softball  This plan will be adjusted when needed in order to always remain in compliance with federal, state and local regulations.

The components of the SGSL COVID-19 safety plan include:

* SGSL requires strict adherence to Massachusetts policy as stated in Governor Baker’s directive of May 6, 2020, namely, at the SGSL Complex maintaining social distance is required and if you are not able to do so, you must cover your mouth and nose with a mask or cloth covering. SGSL encourages super vigilance on this point.
* USA/NSA Softball Safety Guidelines to be followed.
* Facilities will be open for practice during Phase 2; No-Contact drills only
* Practice during phase 2 requires groups of no more 10 people on the field. Groups of 10 may be 20 feet apart where space allows. (COVID19 Order #35); that people remain socially distant; and the players are required to use hand sanitizer before and after practice.
* Teams should not enter a field while another team is still on the field;
* During Phase 2 and Phase 3 spectators are limited to parents/guardians/household members and siblings and they must socially distance at all times; (SGSL has asked parents to not attend practices during phase 2 and Phase 3. Parents should stay in their vehicle ;)
* No games or scrimmages will be played until Phase 3 begins; (\* July 6, 2020)
* All players and coaches should practice good general health habits, including maintenance of adequate hydration, consumption of a diet that includes fruits and vegetables and getting appropriate sleep;
* Athletes, coaches and umpires should bring their own personal drinks to all activities. Drinks must be labeled with the person’s name;
* There will be NO shared or team beverages allowed;
* All player equipment bags must remain outside of the dugout, preferably behind the dugout;
* No spitting of any kind allowed in the dugout or on the field;
* No sunflower seeds or gum will be allowed this season;
* Spectators will not be allowed on the bleachers or behind the back-stop during games; SGSL will place a temporary fence from one dugout to the other in order to give the players and coaches an area to social distance;
* Spectators will be asked to respect social distancing around the perimeter of the fields; Spectators will be asked to watch from the left and right side lines or behind the outfield fence;
* Immediate family/household members only will be allowed at games during phase 3, for the time being. This may be updated as allowed by the Massachusetts Department of Public Health;
* During games no more than four players will be allowed in the dugout;
* Dugouts will be cleaned between games by team leaving the dugout;
* Only two coaches and a score keeper are allowed in the dugout;
* Players in the dugouts will remain at least 6 feet apart;
* Players not in the dugout and not on the field of play will be spaced out appropriately AND supervised; and must wear masks
* An extra team coach will be required to oversee the players;
* Teams will make every attempt to avoid shared equipment;
* Some critical equipment may not be able to be obtained by every individual. When, in rare instances, it becomes necessary to share critical equipment all surfaces of each piece of shared equipment MUST be cleaned and disinfected with an EPA approved disinfectant against COVID-19 and allowed sufficient time to dry before use by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (i.e. catcher’s mask, helmets, etc.)
* Umpires shall stand behind the pitcher’s mound ( At least 6 feet from the pitcher) and wear safety masks; Or behind the catcher must remain 6 feet from catcher
* Managers are responsible to see that balls are cleaned in between half-innings and whenever a ball comes back from going out of play; Umps will not handle balls
* Players should wear batting gloves as much as possible during practice, especially when handling a bat;
* Hand sanitizer will be provided by the league or each team and will be available in all dugouts; each player is encouraged to have their own hand sanitizer.
* Coaches will be allowed to stand on the field but must remain 6 feet or more from 1st or 3rd base; (Please refrain from leaving the coaches box.)
* Players are not required to wear a face covering while on the field during play, but must wear one while the player is sitting in the dugout or behind the backstop.
* Players will be permitted to wear cloth face covering on the field during play if physically able to do so, based on any directive of a medical provider or the determination of a parent/guardian;
* There will be NO postgame handshakes;
* Players and coaches must refrain from an physical gestures of celebrating including but not limited to high fives, fist or elbow bumps;
* There will be NO meetings on the mounds except for a coach to change pitchers;
* After each game, teams will line up along the baselines, maintaining social distance, and thank their opposing team;
* SGSL will require only one person allowed in each rest room at a time and frequent sanitation of each restroom; a washing station will be added to the complex.
* Each family will sign an agreement stating, among other things, that they will not allow their child to attend any SGSL activity if showing any signs of illness or if they have had a fever in the past 24 hours;
* Tournament Team Coaches must sign this waiver before their first game for their entire team;
* If a child becomes exposed to a person with the virus, that child will not attend SGSL activities until medically cleared to do so.
* Concession Stand will be open with minimum items for sale. Concession workers must wears masks and gloves. Concession workers are responsible for cleaning all food areas of the snack shack regularly.

The intent of this plan is to allow as much of a normal resumption of league activities as possible while providing all of the safety measures necessary to reduce, and in some cases, avoid risk of illness to all of those involved.