

## **CHELMSFORD GIRLS SOFTBALL LEAGUE- U6 Division Rules**

### **All Divisions – Standard Policies**

**INJURIES:** Any player who has suffered an injury or has a pre-existing injury and is under the care of a physician will not be allowed to participate in any Game or Practice until a Physician's note is provided to the Head Coach and Division Manager.

**SPECIAL NOTE:** This Division does not fall under any ASA standard rules. Game Rules and Policies for this CGSL Instructional Division are outlined in the following:

Games/practice must start promptly at the designated start time (15 minute grace) and will last for approx. 90 minutes. All teams will practice for the first 45 minutes with team scrimmages during the remaining 45 minutes.

- **DIVISION EXCEPTION:** Practices and clinics are to be used to teach individual skills. Please use this time wisely and work with the girls as a team and on a 1:1 basis to improve skills. They need your instruction. If you have trouble getting parents to assist, please ask your division manager to persuade them. CHS Varsity Girls will be encouraged to make themselves available to assist with clinics and practices. If you are interested in having this assistance, please let your division manager know.

Each player must be in uniform to play games. The uniform consists of shirt, socks, and pants.

Facemasks must be worn by all fielders

No forfeits permitted and a team may play with only an infield if necessary. Players must be rotated between the infield and outfield. ALL PLAYERS will be allowed to play in the field during each defensive half inning. Each player must play at least 2 innings in the outfield but not more than 3 innings in the outfield.

- **DIVISION EXCEPTIONS:** Each team must have a coach rotating around the field when players are fielding. Players must be paying attention and in "ready position" while batters are batting. Only parents who signed up to be assistant coaches or filled out a CORI form are permitted on the field with the players during game time. Siblings are not allowed on the field during game time.

Home teams sit on the 1st base side and will be responsible for placing the bases before the game and placing them in the storage container at the field after the game is complete. BOTH teams will provide one (1) game ball.

Rainouts will be rescheduled. The decision to play or not will be made 1 ½ hours prior to game time. Do not call before then. Rainouts will be posted on the league website. Coaches and players can check the website to see if a game has been rained out. The league will reschedule games. Rainouts may be played on Sundays or an open date.

No equipment outside of the team bench. No one, except the coach, base coaches (team members or coaches) and the on-deck batter will be allowed outside the bench.

- DIVISION EXCEPTIONS: Equipment is to be lined up and selected before the batter goes on deck. No players are to pass around helmets or bats while on the bench.
- Although cheers are encouraged, all team members must be sitting on the bench or standing directly in front of the bench - Facing the field. No players are allowed to run around, stand on, or jump off the benches for any reason.

Umpires will be Coaches and Assistant Coaches.

Practices are scheduled by the Scheduling Manager for the season. If you wish to add additional practices please email the league for field availability as we do share the fields with other organizations in town.

Keep a copy of these policies in your scorebook. Talk the policies and the Rules of the Game out with the other coaches before the game.

### **CGSL Game Rules:**

#### ***Batting and Base running***

- All players bat from a tee in order each inning, picking up where the order left off the last inning.
- A team's half of the inning ends when three (3) outs have been made or when the play ends for the 9th batter.
- When a player is called out she must quickly go back to the bench. Players may not stay on base.
- Helmets must be worn by batters, on deck batters, and base runners at all times.
- On deck batters must not swing within 6 feet of any other player or person.
- Each batter shall be allowed ten (10) pitches. Strikes are called by the batting team's coach.
- No base-on-balls are permitted.
- After the 10th Pitch, the coach is required to assist or correct the batter, providing a tee as a very last resort.
- BUNTING, STEALING, and SLIDING are not allowed. No advances on overthrows are permitted.

#### ***Pitching and Catching***

- All pitchers must wear a protective face mask while on the mound and Catchers must wear full equipment at all times.
- No player may catch more than 1 inning per game (unless there are not enough who would like to catch)

Pitching: Distance 30 feet

Ball: 10" – Softie