

**BARTLETT –
HANOVER PARK
LITTLE LEAGUE**



**SAFETY PLAN
2020**

Bartlett ó Hanover Park Little League Safety Plan

Mission Statement: To provide the children of our community the training, coaching, and opportunities to develop into the best players they want to be.

Vision Statement: To be the best youth sports organization as measured by our players, members, volunteers, sponsors, and our community.



Bartlett - Hanover Park Little League Safety Guidelines

Introduction

One goal of Bartlett - Hanover Park Little League is to promote and communicate Safety Awareness. Through the training of managers and coaches, and with the assistance of players and parents, the league hopes to prevent injuries from occurring. With all of us working together, our players will be safer.

Paul Williams
Safety Officer
630-258-7290

Safety Procedures

BE SURE TO HAVE YOUR ORIGINAL MEDICAL RELEASE FORMS WITH YOU AT ALL TIMES

In case of a medical emergency:

1. Band-Aids and Ice Packs may only be used. Have someone call 911 immediately if an ambulance is necessary (i.e. severe injury, neck or head injury, not breathing - error on the side of caution)
2. Make sure someone at your practice/game has a cell phone
3. Notify parents as soon as possible via phone, text or app
4. Notify league safety officer within 24 hours
Fill out an incident report detailing what happened and return it to the Safety Officer
5. Talk to your team about the situation and explain to them why it happened
6. Bartlett - Hanover Park Little League Insurance is supplemental to your own insurance policy
7. Claims are filed through the BHPLL President or Safety Officer

Safety is everyone's job!

Prevention is the key to reducing accidents to a minimum. Report all hazardous conditions to the BHPLL Safety Officer or any Director.

Safety Checklist: Fields & Equipment

All Umpires, Managers and Coaches are responsible for checking field conditions!

- Before each game examine the field conditions. Check the bases (secure and level); look for holes and/or divots through out the field. Check the pitching mound, pitching plate and batters box. Examine the fences (Can a ball go through or under, or is it broken), and dugouts.
- Before each game inspect all equipment: shin guards, helmets, facemask, throat protector, chest protector, bats and gloves. Are they safe to use? All male players must wear a protective cup.
- Please contact your league head or the appropriate BHPLL Director to any unsafe field or equipment conditions.

Accident Reporting Procedures

What to report - An incident that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/or first aid must be reported to the Director of Safety. This includes even passive treatments such as the evaluation/diagnosis of the extent of the injury or periods of rest.

When to report - All such incidents described above must be reported to the Director of Safety *within 48 hours* of the incident. The Director of Safety for 2020 is: Paul Williams and his phone number is: 630-258-7290.

How to make the report - reporting incidents can come in a variety of forms. Most typically, they are *telephone conversations*. At a minimum, the following information must be provided:

- The name and phone number of individual(s) involved. The date, time and location of the incident.
- As detailed a description of incident as possible. The preliminary estimation of extent of injuries. The name and phone number of the person reporting this.
- Fill out incident report and turn into The Director of Safety.

Director of Safety's Responsibilities - Within 48 hours of, receiving the incident report, the Director of Safety will contact the injured party or the party's parents and (1) verify the information received; (2) obtain any other information deemed necessary; (3) check the status of the injured party, and (4) in the event that the injured party required other medical treatment (i.e. Emergency Room visit, doctor's visit, etc.) will advise the parent/guardian of the insurance coverages and the provisions for submitting any claims.

If the extent of injuries are more than minor in nature, the Director of Safety shall periodically call the injured party to (1) check on the status of any injuries, and (2) to check if any other assistance is necessary in areas such as submission of insurance forms, etc. until such time as the incident is considered "closed" (i.e. no further claims are expected and/or the individual is participating in the league again).

Bartlett - Hanover Park Little League goes to great lengths to provide as much training as possible. Managers/Coaches should attend as many of the clinics as possible.

When treating an injury, remember:

Protection
Rest
Ice
Compression
Elevation
Support

Are your *expectations* reasonable and consistent?

What Do I Expect From My Players?

- To be on time for practices and games.
- To always do their best whether on the field or on the bench.
- To be cooperative at all times and share team duties.
- To respect not only others but themselves as well.
- To be positive with teammates at all times.
- To try not to become upset at their own mistakes or those of others! we will all make our share this year and we must support one another.
- To understand that winning is only important if you can accept losing, as both are important parts of any sport.

What Can You and Your Child Expect

- To be on time for all practices and games.
- To be as fair as possible in giving playing time to all players.
- To do my best to teach the fundamentals of game.
- To be positive and respect each child as an individual.
- To set reasonable expectations for each child/season.
- To teach players the value of winning/losing.
- To be open to ideas, suggestions or help.
- To never holler at any member of my team, the opposing team or umpires. Any confrontation will be handled in a respectful, quiet and individual manner.
- Provide a cellular phone or make sure that someone else has a cellular phone to use at every practice or game (especially on those fields where no public phone access is available).

What Do I Expect From You As Parents And Family?

- To come out and enjoy the game. Cheer to make all players feel important.
- To allow me to coach and run the team.
- To try not to question my leadership. *All* players will make mistakes and so will I.
- Do not holler at me, the players or the umpires. We are all responsible for setting examples for our children. We must be the role models in society today. If we eliminate negative comments, the children will have an opportunity to play without any unnecessary pressures and will learn the value of sportsmanship.
- If you wish to question my strategies or leadership, please do not do so in front of the players or fans. My phone number will be available for you to call at any time if you have a concern.

Finally, don't expect the majority of children playing Little League baseball or softball to have strong skills. We hear all our lives that we learn from our mistakes. Let's allow them to make their mistakes, but always be there with positive support to lift their spirits!

Lightning Facts and Safety Procedures

Consider the following facts:

- ~ The average lightning strike is 6-8 miles long.
- ~ The average thunderstorm is 6-10 miles wide and travels at a rate of 25 miles per hour.
- ~ Once the leading edge of a thunderstorm approaches to within 10 miles, you are at immediate risk due to the possibility of lightning strikes coming from the storm's overhanging anvil cloud (for example, the lightning that injured 13 people during a concert one summer occurred while it was sunny and dry).
- ~ On the average, thunder can only be heard over a distance of 3-4 miles, depending on humidity, terrain, and other factors. This means that by the time you hear the thunder, you are already in the risk area for lightning strikes.

Flash-Bang Method

- ~ One way of determining how close a recent lightning strike is to you is called the flash-bang method. With the flash-bang method a person counts the number of seconds between the sight of a lightning strike and the sound of thunder that follows it. Halt-play and evacuation should be called for when the count between the lightning flash and the sound of its thunder is 15 seconds or less.

Rule Of Thumb

- ~ The ultimate truth about lightning is that it is unpredictable and cannot be prevented. Therefore, a manager, coach or umpire who feels threatened by an approaching storm should stop play and get the kids to safety - regardless whether or not the flash-bang proximity measure applies. When in doubt, the following rule of thumb should be applied:

When You Hear It - Clear It

When You See It - Flee It

Where to Go?

No place *is* absolutely safe from the lightning threat, but some places are safer than others. Large enclosed shelters (substantially constructed buildings) are the safest (like our concession stands). For the majority of participants, the best area for them to seek shelter is in a fully enclosed metal vehicle with the windows rolled up. If you are stranded in an open area and cannot get to shelter in a car, put your feet together, crouch down, and put your hands over your ears (to try and prevent eardrum damage).

Where NOT to go!

A void high places and open fields, isolated trees, unprotected gazebos, rain or picnic shelters, dugouts, flagpoles, light poles, bleachers (metal or wood), metal fences and water.

First Aid to a Lightning Victim

Typically the lightning victim exhibits similar symptoms as that of someone suffering a heart attack. In addition to calling 911, the rescuer should consider the following:

- ~ The first tenet of emergency care is òmake no more casualtiesö - If the victim is in a high risk area (open field, isolated tree, etc.) the rescuer should determine if movement from that area is necessary - lightning can and does strike the same place twice. If the rescuer is at risk, and movement of the victim is a viable option, it should be done.
- ~ If a victim is not breathing, start mouth to mouth resuscitation. If it is decided to move the victim, give a few quick breaths prior to moving them.
- ~ Determine if the victim has a pulse. If no pulse is detected, start cardiac compressions as well.

Note: CPR should only be administered by a person knowledgeable and trained in the technique.

Concession Stand Safety

Operation of Stand

- ~ Apply for a business operating license through the village, for each season.
- ~ Pass a yearly sanitary health inspection through the village health inspector.
- ~ Check and update equipment (i.e. pizza ovens, warmers, coffee makers, microwaves, cheese machines, refrigerators and freezers) for each season.
- ~ Supply each concession stand with a walkie-talkie or cell phone for emergency contact with the other concession stands and/or Little League Directors.
- ~ Emergency numbers will be posted in each stand.
- ~ Extra incident reports and first aid supplies (ice packs and band-aids) will be kept in each stand.

Concession Stand Worker

- ~ Volunteer concession workers need to be at least 16 years of age.
- ~ No young children will be allowed to remain in the concession stand.
- ~ Concession workers must not sit on the pass through windows.
- ~ Paid and Volunteer concession workers will be trained by the concession stand head or another Director as to the proper method of preparing and serving food in the stand.
- ~ After signing in concession stand workers must wash their hands at the hand washing station.
- ~ When serving customers and handling food items concession workers must wear disposable plastic food service gloves.
- ~ After coughing, sneezing or touching their skin or hair concession workers must rewash their hands at the hand washing station.

Food Safety

- ~ Maintain cold food items at temperatures below 41° F.
- ~ Maintain hot food items at temperatures greater than 140° F.
- ~ Do not reheat food items that have been previously cooked.
- ~ Use heavy metal thermometers to check temperatures of food, water and refrigerators.

Concession Stand Cleaning

- ~ Wipe down all countertops and food surfaces with sanitizing solution before beginning to prepare food.
- ~ Wipe down all countertops and food surfaces with sanitizing solution at the end of the day.
- ~ Turn off all extra appliances in the stand at the end of the day.
- ~ Bundle up and dispose of any trash from the stand into outside dumpster containers.
- ~ Wash up utensil and dishes in the three-compartment washing station (i.e. soapy washing water; clear rinse water; bleach water for sanitizing).
- ~ Sweep and wet mop floors (with a sanitizing solution) at the end of each day.

B.H.P.L.L. PARENT/GUARDIAN CODE OF CONDUCT

The Bartlett - Hanover Park Little League is dedicated to providing an opportunity for your child to enjoy learning and developing their skills in Little League Baseball. The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship.

I therefore agree:

1. I will remember that children participate in team sports to have fun and that the game is for youths, not adults.
2. I will learn and follow the rules of the game and policies of the league.
3. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all players.
4. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, board member or parent such as booing and taunting: refusing to shake hands and using profane language or gestures.
5. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
6. I will demand that my child treat other players, coaches, officials and spectators with respect.
7. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
8. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
9. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
10. I will emphasize skill development and practices and how they benefit my child over winning.
11. I will respect the officials and their authority during games and will never question, discuss or confront coaches at the game field, and will take time to speak to coaches at an agreed upon time/place.

I also agree that if I fail to abide by the afore mentioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- ~ Verbal warning by official, head coach, or head of league organization
- ~ Written warning
- ~ Parental game suspension with written documentation of incident kept on file by organizations involved
- ~ Game forfeit through the official or league head
- ~ Parental season suspension

Signature Parent/Guardian: _____ Date _____

Player's Name: _____

Bartlett – Hanover Park **Little League**

Emergency Telephone Numbers

Koehler field-2255 Southwind Blvd., Bartlett, IL

Bartlett Police... Emergency 9-1-1

Bartlett Police... Non-Emergency 630-837-0846

South Elgin fire Dept. ... Emergency 9-1-1 or 847-888-2911 (Direct Line to South Elgin Fire Dept.) **NOTE: If you have to dial 9-1-1 for Fire, EMS or Rescue need, inform call taker that you need to get in contact with South Elgin Fire Dept.**

Sherman Hospital... 847-742-9800

1425 N. Randall Road, Elgin IL 60123

Ruzicka Field-Newport and East Millwood Dr., Bartlett, IL 60103

Bartlett Police... Emergency 9-1-1

Bartlett Police... Non-Emergency 630-837-0846

Bartlett Fire Dept....Emergency 9-1-1

Bartlett Fire Dept. ...Non Emergency 630-837-3701

St. Alexius Medical Center... 847-843-2000

1555 Barrington Rd., Hoffman Estates, IL 60169

Central DuPage Hospital...630-933-1600

25 North Winfield Rd., Winfield, IL 60190

Goergen Memorial Baseball Fields

1300 Sycamore Ave, Hanover Park, IL 60133

Hanover Park Police... Emergency 9-1-1

Hanover Park Police... Non-Emergency 630-823-5500

Hanover Park Fire Dept....Emergency 9-1-1

Hanover Park Fire Dept. ...Non Emergency 630-736-6800

St. Alexius Medical Center... 847-843-2000

1555 Barrington Rd., Hoffman Estates, IL 60169

Bartlett – Hanover Park Little League Emergency Contacts

Bartlett – Hanover Park Little League Board President... Chris Stephan 847-951-4489
president@bartlettbsa.com

Bartlett – Hanover Park Little League Safety Officer... Paul Williams 630-258-7290
safety@bartlettbsa.com