

# Somers Boys Youth Lacrosse Tournament

## June 3, 2017

### Rules, Waiver & Other Information

#### **PARKING:**

K/1/2 level games are ALL played on the LOWER FIELDS behind the High School. K/1/2 Families should park behind the HS and follow designated path to fields. All others should use the spots at the HS. If parking up front gets crowded you can park BEHIND the HS and still access the Upper Turf Fields . For any games at Primrose or Van Tassell, parking is available at High School or Primrose School.

#### **CHECK IN and FEES:**

Each team must have a representative check in at concessions when you arrive to hand in their team's waiver form.

Any team not submitting **waivers forms** (attached below) **will not** be permitted to participate in tournament..

#### **GAMES:**

Games will be **10 v 10** (for K/1/2, # of players is **8 v 8 and games will be played on short fields**). All games will be played as **25-minutes running-time, with a 5 minute break between games**. Please have your team ready to play at the start of each of your games. Common horn will start and stop all games.

We ask that you stick to the schedule and start and stop games in a timely fashion. Therefore, please leave the field immediately after the conclusion of a game, so the next teams can begin on time.

#### **CONCESSIONS & LACROSSE VILLAGE:**

We will have concessions open and available – please encourage your families to grab some food and drinks. There will also be a Lacrosse Village were lacrosse equipment and merchandise will be available to purchase.

#### **OTHER:**

- Trainer will be on site. Contact a tournament representative at the concession stand should the need arise.
- **No Dogs (or other Pets) allowed – anyone having will be required to leave the premises.**
- No barbeque grills allowed anywhere on school property.
- Trash cans & plastic bags will be available, please clean-up after games and at the end of the day.

- For turf fields – No gum or Gatorade.
- Any questions during the day of the tournament – call Sally Krauss at (914) 906-4040

## Rules, Waiver & Other Information

### **RULES:**

Each team must have at least one Hudson Valley or CONNY certified coach who is US Lacrosse insured and will be responsible for the team's conduct, safety, discipline and act as the team's representative.

Hudson Valley rules will apply, with the following changes and/or clarifications:

### **Penalties will be as follows:**

- K/1/2 – ball awarded to other team
- 3/4 – fast break
- 5/6 – fast break and offending player will leave the field
- 7/8 – Penalties are called and served as they are in a regular season game. Penalty time starts when the player takes a knee, out of bounds. Time kept by teams or refs.
- Body Checking (No Head-to-Head Contact):
- K/1/2 – no body checking
- 3/4 – checking to the body is allowed with two hands together on crosse
- 5/6 and 7/8 – legal body checking is allowed – but there will be NO “take-out” checks.
- Any player ejected from a game will be forced to sit out the team's next game. Any player ejected from two games will not be permitted to play in any remaining games.
- No Timeouts.
- Substitutions: K/1/2 and 3/4 – “Horn” on Sidelines. 5/6 and 7/8 – are on the fly, unless both coaches agree to “Horns”. Players must be completely off of the field before substitutes may enter the field of play.
- Failure to Advance – for 7/8 only (20 seconds to clear midfield and 10 to the box).

Should you have questions or concerns during the day, go to concessions for assistance.

Thanks for your participation.

## Somers Boys Youth Lacrosse Tournament - Team Waiver

Team Name: \_\_\_\_\_ Grade/level: K-2 3/4 5/6 7/8

I certify that all my players are members of US Lacrosse & are familiar with Somers Tournament rules.

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Coaches signature: \_\_\_\_\_

**AGREEMENT:** I acknowledge, agree to and understand that:

**1) READINESS TO COMPETE:** Voluntarily and of my own free will, I elect to participate as a player in the Somers 2014 Boys Youth Lacrosse Tournament. I believe I am physically and psychologically prepared to compete.

**2) MEDICAL ATTENTION:** I hereby give my consent to the Somers Youth Sports Association to provide, through a medical staff of its choice, customary medical/athletic training attention, transportation and emergency medical services as warranted through the course of my participation in sponsored lacrosse activities.

**3) WAIVER & RELEASE OF LIABILITY:** I am fully aware of and appreciate the risks associated with participation in a lacrosse event, including the risk of catastrophic injury, paralysis and even death, as well as other types of damages and loss. I further agree on behalf of myself, my heirs, and personal representatives, that US Lacrosse, Somers Youth Sports Association, and sponsors of any US Lacrosse event, along with their coaches, volunteers, employees, agents, officers and directors of these organizations, shall not be liable for any injury, loss of life or other loss or damage occurring as a result of my participation in the event(s). My signature below is my acknowledgment that I have read and understood every provision of this Waiver and Release of Liability, and that I agree to abide by it.

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