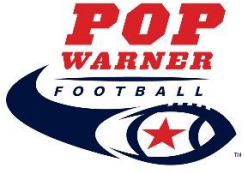


POP WARNER - AGES & WEIGHTS



There are Seven Divisions of play, all determined by age/weight scale to ensure safe and balanced competition. Pop Warner always reserves the right to update the weights and rules of play.

The **FLEMINGTON FALCONS** will be hosting teams at the following levels of competition play for **2018 season**:

FLAG (F), **MITEY-MITE** (MM), **JR. PEE WEE** (JrPW), **PEE WEE** (PW), and **JR. VARSITY** (JV).

If additional athletes require program modifications to add more teams, we will accommodate accordingly.

Age/Weight Division	Age(s)	Certification Weight	End of Season Weight
FLAG (F)	5-6-7	N/A	N/A
MITEY-MITE (MM)	7-8-9	45-100 lbs.	104 lbs.
JR. PEE WEE (JrPW)	8-9-10	60-115 lbs.	119 lbs.
(older/lighter)	11*	60-95 lbs.	99 lbs.
PEE WEE (PW)	9-10-11	75-130 lbs.	134 lbs.
(older/lighter)	12*	75-110 lbs.	114 lbs.
JR. VARSITY (JV)	10-11-12	90-155 lbs.	159 lbs.
(older/lighter)	13*	90-135 lbs.	139 lbs.
Varsity (V)	12-13-14	105-180 lbs.	184 lbs.
(older/lighter)	15*	105-160 lbs.	164 lbs.
UNLIMITED (U)	11-12-13-14	105 lbs. <i>minimum</i>	

In-Season weekly weight 1 lb. Weeks 2, 4, 6, 8 (Max. of 4 lbs.), additional 1 lb. at Super Bowl.

**The asterisked provisions in each division allow the older but lighter player to qualify for that team. The Falcons Football Association supports playing children at their best contributing level for player benefit per guidelines listed above.*

A child's age on July 31, 2018 is his/her Pop Warner age for the season.

A child's weight at certification during the last week of August must meet guidelines above to qualify for that team. Heavier children steadily lose weight during August conditioning and will be monitored and placed on appropriate team prior to Pop Warner Certification date set in late August 2018.