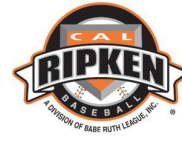




# Five Cities Youth Baseball

*Where the **PLAYER** comes first!*



## 2022 Coaching QuickStart Guide (Farm / Minors / Majors Divisions) Updated Spring 2022

Welcome to the Five Cities Youth Baseball organization! We appreciate your efforts toward creating a safe and fun environment for our kids. Below is a quick summary including upcoming events for your reference as we begin the Spring 2020 season. If you ever have any questions or feedback, please don't hesitate to contact your Player Representative below, their job is to ensure you have the information and support you need. **ALL** league communication is to be routed through your Player Representative:

<b>Farm Player Representative:</b>	Jay O'Hare <a href="mailto:farm.rep@fivecitiesyouthbaseball.com">farm.rep@fivecitiesyouthbaseball.com</a>
<b>Minors Player Representative:</b>	Frank Paz <a href="mailto:minors.rep@fivecitiesyouthbaseball.com">minors.rep@fivecitiesyouthbaseball.com</a>
<b>Majors Player Representative:</b>	Tom Arons <a href="mailto:majors.rep@fivecitiesyouthbaseball.com">majors.rep@fivecitiesyouthbaseball.com</a>

Scheduling and communication with your team is all handled through our website, [www.fivecitiesyouthbaseball.com](http://www.fivecitiesyouthbaseball.com). Take some time to explore the functionality of the site and give us any feedback that might help you better manage your team. Each team will have their own website. This will be a place where you can communicate with your team. You can also post pictures, stats, etc. You use the same login credentials as you did during registration. For website questions, please contact [Simon Kurth](#) or [Neil Weller](#).

Farm begins to introduce players ages 9 to 10 to a more competitive level of play where scores and standings are kept. At this level, players will be introduced to pitching. Players will begin to learn more advance skills and begin to learn true position play and skills needed to function as a team. They will play on a standard youth baseball field, 60' diamond with a fence at 200'. Players will pitch from a distance of 42'. Each game will have an umpire. Practice is based upon the coaches but typically is not more than two days per week, lasting 1-1.5 hours. Games will be twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

Our Minor League begins to introduce players ages 10 to 12 a more competitive level of play where scores and standings are kept. Players will begin to learn more advanced skills and begin to learn true position play and skills needed to function as a team. Players will pitch from a distance of 46'. They will play on a standard youth baseball field, 65' diamond with a fence at 200'. Lead offs are permitted (3'-5' off of the base). There will be no balks called on the pitcher. Practice is based upon the coaches but typically is not more than two days per week,



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lasting 1-1.5 hours. Games will be twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

Majors is for players ages 10 to 12 and is a competitive level of play where scores and standings are kept. Majors 70 allows the players to experience real baseball at a younger age. It gives those players that will not move on to Babe Ruth or play club baseball the opportunity to play the same game their heroes play, sooner. It will also develop those players that move on, into better, more prepared players for the higher levels of play. Players will pitch from a distance of 50'. Players will play on a 70' diamond, leadoff, steal, run on dropped 3rd strike and other rules, full baseball rules. Fence will be at 225'. Practice depends on the coach but is typically two days a week or more, and ranges 1-2 hours in duration. Games are twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

## **Important Dates:**

FCYB local rules of play are on the following pages for your reference. Please familiarize yourself with the rules and contact your Player Representative with any questions. Thank you again for your support of our program. Remember to keep baseball fun and safe for your kids. Good luck, and play ball!

Player, Parent, Coach Expectations What do I expect from my players?

- To be on time for all practices and games
- To always do their best, whether in the field or on the bench
- To be cooperative at all times and share team duties
- To respect themselves and others
- To be positive with teammates at all times
- To try not to become upset at their own mistakes or those of others, we will all make our share this year and we must support one another
- To understand that winning is only important if you can accept losing, as both are important aspects of any sport What do I expect from you as parents and family?
- To come out and enjoy the game. Cheer to make all players feel important.
- To allow me to coach and run the team
- To please recognize that coaches, like players, may make our share of mistakes
- To only be positive with me, the players, and umpires. We are all responsible for setting examples for our children. We must be role models in today's society. If we eliminate negative comments, the children will have an opportunity to play without any unnecessary pressure and will learn the value of sportsmanship.
- If you wish to question my strategies or leadership, please wait to do so away from the players or fans.
- Participation in the snack bar when asked. Our league experience is what we make of it.
- Assistance with field prep before games and practices. Before games, please do not expect the home team to prep the fields alone, we should all lend a hand and make the fields safe and playable for the kids whenever possible.
- To assist with cleanup after games and practices. Sweep the dugouts, pick up trash, round up equipment. Even if you didn't unlock them, if you're the last people at the fields, lock the equipment containers please. What can you and your child expect from me?
- To be on time for all practices and games



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- To be as fair as possible in giving equal playing time to all players
- To do my best to teach the fundamentals of the game
- To be positive and respect each child as an individual
- To set reasonable expectations for each child and for the season
- To teach the players the value of winning and losing
- To be open to ideas, suggestions, and help
- To always be positive with my team, the opposing team, and the umpires. Any confrontation will be handled in a respectful, quiet, and individual manner. Finally, don't expect that any player on this team is perfect. We hear all our lives that we learn from our mistakes. Let's allow them to make their mistakes, but always be there with positive support to lift their spirits. It is my intention, and that of my assistants, to make this the best possible experience for all involved, including you.

Should you have any issues, please contact your division's player representative for help. Contact information is on the league website under the Board link <http://www.fivecitiesyouthbaseball.com/Site/Board>