



# Five Cities Youth Baseball

Where the *PLAYER* comes first!



## 2018 Coaching QuickStart Guide (Farm / Minors / Majors Divisions) Updated Spring 2018

Welcome to the Five Cities Youth Baseball organization! We appreciate your efforts toward creating a safe and fun environment for our kids. Below is a quick summary including upcoming events for your reference as we begin the Spring 2018 season. If you ever have any questions or feedback, please don't hesitate to contact your Player Representative below, their job is to ensure you have the information and support you need. **ALL** league communication is to be routed through your Player Representative:

**Farm Player Representative:** Eddie Cota  
[edcotajr@gmail.com](mailto:edcotajr@gmail.com)  
(805) 801-1917

**Minors Player Representative:** Tim Harvey  
[harvey.tim@gmail.com](mailto:harvey.tim@gmail.com)  
(805) 441-7928

**Majors Player Representative:** Ruben Servin  
[servinbaby001@gmail.com](mailto:servinbaby001@gmail.com)  
(805) 363-2457

Scheduling and communication with your team is all handled through our website, [www.fivecitiesyouthbaseball.com](http://www.fivecitiesyouthbaseball.com). Take some time to explore the functionality of the site and give us any feedback that might help you better manage your team. Each team will have their own website. This will be a place where you can communicate with your team. You can also post pictures, stats, etc. You use the same login credentials as you did during registration. For website questions, please contact Tim Harvey or Neil Weller.

Farm begins to introduce players ages 9 to 10 to a more competitive level of play where scores and standings are kept. At this level, players will be introduced to pitching. Players will begin to learn more advance skills and begin to learn true position play and skills needed to function as a team. They will play on a standard youth baseball field, 60' diamond with a fence at 200'. Players will pitch from a distance of 42'. Each game will have an umpire. Practice is based upon the coaches but typically is not more than two days per week, lasting 1-1.5 hours. Games will be twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

Our Minor League begins to introduce players ages 10 to 12 a more competitive level of play where scores and standings are kept. Players will begin to learn more advance skills and begin to learn true position play and skills needed to function as a team. Players will pitch from a distance of 46'. They will play on a standard youth baseball field, 65' diamond with a fence at 200'. Lead offs are permitted (3'-5' off of the base). There will be no balks called on the pitcher. Practice is based upon the coaches but typically is not more than two days per week, lasting 1-1.5 hours. Games will be twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

Majors is for players ages 10 to 12 and is a competitive level of play where scores and standings are kept. Majors 70 allows the players to experience real baseball at a younger age. It gives those players that will not



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move on to Babe Ruth or play club baseball the opportunity to play the same game their heroes play, sooner. It will also develop those players that move on, into better, more prepared players for the higher levels of play. Players will pitch from a distance of 50'. Players will play on a 70' diamond, leadoff, steal, run on dropped 3rd strike and other rules, full baseball rules. Fence will be at 225'. Practice depends on the coach but is typically two days a week or more, and ranges 1-2 hours in duration. Games are twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

## **Important Dates:**

- Sat, February 17, 2018, 8-12:30pm, Farm/Minors/Majors Tryouts – Pismo Sports Complex  
Sun, February 18, 2018, 8-12:30pm - Coaches will evaluate players as they field 5 ground balls, catch 5 fly balls, hit 5 pitches, and run the bases. Draft will be Sunday evening, following tryouts.
- Sun, February 18, 2018, 2pm - Coaches Meeting, Field Prep and Equipment Handout – Pismo Sports Complex
- Sun, February 18, 2018, 5pm - Player Draft – Grace Bible Church  
Majors draft, followed by Minors, followed by Farm
- Mon, February 19, 2018 - First week of practices, practice/field scheduling is coordinated through the FCYB Board and you will be communicated through your Player Rep. If you change the location of your practices, please notify your Player Rep for insurance and liability reasons.
- Tues, February 20, 2018, 6-8pm - Coaching Clinic - Grace Bible Church  
**REQUIRED!!** All coaches in every division are asked to attend a coach clinic put on by Arroyo Grande High School baseball coaches. Coaches can learn more about expectations of coaches at the high school level and gain some tips for running practices, drills, etc.
- Tues, March 6, 2018, 7pm - Team Parent Meeting – Grace Bible Church  
Each team will need a team parent to coordinate fundraising, pictures, uniforms, snack schedule, etc. All team parents will attend this informational meeting. If a coach does not choose a team parent by this meeting date, the coach must attend the meeting.
- Wed, March 7, 2018, 6-8pm - Positive Coaching Alliance Seminar – Grace Bible Church  
**MANDATORY!!** All coaches in every division are required to attend this informative seminar. PCA has been paid for by the league and the intent is to align all of our coaches with the same philosophies to maximize the benefit to our kids.
- Saturday, March 10, 2018 - Opening Day / Pitch, Hit, & Run / Home Run Derby – Pismo Sports Complex. More information for this event will be emailed to all league contacts. Majors games to begin on Opening Day, Minors and Farm games will begin the following week.



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Sat, March 17 & 24, 2018, TBD -

Team Pictures – Pismo Sports Complex

Team picture schedules will be sent out to the league via email as they are organized.

FCYB local rules of play are on the following pages for your reference. Please familiarize yourself with the rules and contact your Player Representative with any questions. Thank you again for your support of our program. Remember to keep baseball fun and safe for your kids. Good luck, and play ball!

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**WWW.FIVECITIESYOUTHBASEBALL.COM**