



Five Cities Youth Baseball

Where the *PLAYER* comes first!



2020 Coaching Information Guide (Farm / Minors / Majors / Babe Ruth Divisions) Updated Spring 2020

Welcome to the Five Cities Youth Baseball organization! We appreciate your efforts toward creating a safe and fun environment for our kids. Below is a quick summary including upcoming events for your reference as we begin the Spring 2019 season. If you ever have any questions or feedback, please don't hesitate to contact your Player Representative below, their job is to ensure you have the information and support you need. **ALL** league communication is to be routed through your Player Representative:

- Farm Player Representative:** Frank Paz
farm.rep@fivecitiesyouthbaseball.com
- Minors Player Representative:** Ruben Servin
minors.rep@fivecitiesyouthbaseball.com
- Majors Player Representative:** Chase Martin
chasew.martin@gmail.com
- Babe Ruth Player Representative:** Matt Scrudato
b.ruth.rep@fivecitiesyouthbaseball.com

Scheduling and communication with your team is all handled through our website, www.fivecitiesyouthbaseball.com. Take some time to explore the functionality of the site and give us any feedback that might help you better manage your team. Each team will have their own website. This will be a place where you can communicate with your team. You can also post pictures, stats, etc. You use the same login credentials as you did during registration. For website questions, please contact Simon Kurth at webmaster@fivecitiesyouthbaseball.com.

All managers/coaches and volunteers are required by Babe Ruth, our governing organization, to complete Concussion Training, available on the Heads Up website at: <https://www.cdc.gov/headsup/youthsports/coach.html>. Managers/coaches and volunteers are also required to participate in a background check and Abuse Prevention Training, administered by Babe Ruth. When you registered to coach, you received an email confirmation of the order. In that email is a link to complete these training requirements. In the coming days, the league will send out an email to all coaches and managers containing individual codes you will each use to pay for the background check and abuse prevention training. Training is required to be completed by all managers/coaches by March 1st. This is for the protection of the players, yourselves, and the league.

Farm begins to introduce players ages 9 to 10 to a more competitive level of play where scores and standings are kept. At this level, players will be introduced to pitching. Players will begin to learn more advance skills and begin to learn true position play and skills needed to function as a team. They will play on a standard youth baseball field, 60' diamond with a fence at 200'. Players will pitch from a distance of 42'. Each game will have an umpire. Practice is based upon the coaches but typically is not more than two days per week, lasting 1-1.5 hours. Games will be twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.



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Our Minor League begins to introduce players ages 10 to 12 a more competitive level of play where scores and standings are kept. Players will begin to learn more advance skills and begin to learn true position play and skills needed to function as a team. Players will pitch from a distance of 46'. They will play on a standard youth baseball field, 65' diamond with a fence at 200'. Lead offs are permitted (3'-5' off of the base). There will be no balks called on the pitcher. Practice is based upon the coaches but typically is not more than two days per week, lasting 1-1.5 hours. Games will be twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

Majors is for players ages 10 to 12 and is a competitive level of play where scores and standings are kept. Majors 70 allows the players to experience real baseball at a younger age. It gives those players that will not move on to Babe Ruth or play club baseball the opportunity to play the same game their heroes play, sooner. It will also develop those players that move on, into better, more prepared players for the higher levels of play. Players will pitch from a distance of 50'. Players will play on a 70' diamond, leadoff, steal, run on dropped 3rd strike and other rules, full baseball rules. Fence will be at 225'. Practice depends on the coach but is typically two days a week or more, and ranges 1-2 hours in duration. Games are twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held. NOTE: This year Blair Field is undergoing replacement of the outfield and as such the first few games of the season will be played on other fields. Practices will also be held at other locations when it is your team's day to use the outfield.

Babe Ruth is for players ages 13 to 15 and is a competitive level of play where scores and standings are kept. Babe Ruth allows players to experience real baseball at a younger age. Players will play on a full size baseball field, pitching from 60'-6" and play on a 90' diamond. Fence will be at approximately 300'. Games are twice a week, one during the week and the other on Saturdays. An end of the season tournament will be held.

Important Dates:

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| Sat, February 15, 2020, 8-1:00pm,
Sun, February 16, 2020, 8-1:00pm - | Farm/Minors/Majors Player Evaluations – Pismo Sports Complex
Coaches will evaluate players as they field 5 ground balls, catch 5 fly balls, hit 5 pitches, and run the bases. Draft will be Monday evening, following tryouts. |
| Sun, February 16, 2020, 10-12:00pm - | Babe Ruth Player Evaluations – Pismo Sports Complex
Coaches will evaluate players as they field 5 ground balls, catch 5 fly balls, hit 5 pitches, and run the bases. Draft will be Monday evening, following tryouts. |
| Mon, February 17, 2020, TBD - | Player Draft – Location and Time to be emailed to coaches.
Babe Ruth draft, followed by Majors, followed by Minors, followed by Farm |
| Tues, February 18, 2020 - | First week of practices, practice/field scheduling is coordinated through the FCYB Board and you will be communicated through your Player Rep. If you change the location of your practices, please notify your Player Rep for insurance and liability reasons. |
| Sat/Sun, February 29-March 1, 2020 - | FCYB Discount Weekend at Dick's Sporting Goods in SLO. |
| Wed, March 4, 2020, 6-8pm - | Positive Coaching Alliance Seminar – Grace Bible Church, Junior High Room |



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MANDATORY!! All coaches in every division are required to attend this informative seminar. We also would like you to invite your players' parents to attend. PCA has been paid for by the league and the intent is to align all of our coaches with the same philosophies to maximize the benefit to our kids.

Thurs, March 5, 2020, 7-8pm -

Team Parent Meeting – Grace Bible Church, Community Room
Each team will need a team parent to coordinate fundraising, pictures, uniforms, snack schedule, etc. All team parents will attend this informational meeting. If a coach does not choose a team parent by this meeting date, the coach must attend the meeting.

Saturday, March 7, 2020 -

Opening Day – Pismo Sports Complex. More information for this event will be emailed to all league contacts. Majors games to begin on Opening Day, Minors and Farm games will begin the following week.

Saturday, March 21&28, 2020 -

Team Pictures – Pismo Beach Sports Complex
Team picture schedules will be sent out to the league via email as they are organized.

FCYB local rules of play are on the league website. Please familiarize yourself with the rules and contact your Player Representative with any questions.

Following this page is a Parent Handout that the league would like you to give to your parents during your first practice. It helps to explain expectations, as well as field prep responsibilities, snack bar, etc.

Thank you again for your support of our program. Remember to keep baseball fun and safe for your kids. Good luck, and play ball!



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Player, Parent, Coach Expectations

What do I expect from my players?

- To be on time for all practices and games
- To always do their best, whether in the field or on the bench
- To be cooperative at all times and share team duties
- To respect themselves and others
- To be positive with teammates at all times
- To try not to become upset at their own mistakes or those of others, we will all make our share this year and we must support one another
- To understand that winning is only important if you can accept losing, as both are important aspects of any sport

What do I expect from you as parents and family?

- To come out and enjoy the game. Cheer to make all players feel important.
- To allow me to coach and run the team
- To please recognize that coaches, like players, may make our share of mistakes
- To only be positive with me, the players, and umpires. We are all responsible for setting examples for our children. We must be the role models in today's society. If we eliminate negative comments, the children will have an opportunity to play without any unnecessary pressure and will learn the value of sportsmanship.
- If you wish to question my strategies or leadership, please wait to do so away from the players or fans.
- Participation in the snack bar when asked. Our league experience is what we make of it.
- Assistance with field prep before games and practices. Before games, please do not expect the home team to prep the fields alone, we should all lend a hand and make the fields safe and playable for the kids whenever possible.
- To assist with cleanup after games and practices. Sweep the dugouts, pick up trash, round up equipment. Even if you didn't unlock them, if you're the last people at the fields, lock the equipment containers please.

What can you and your child expect from me?

- To be on time for all practices and games
- To be as fair as possible in giving equal playing time to all players
- To do my best to teach the fundamentals of the game
- To be positive and respect each child as an individual
- To set reasonable expectations for each child and for the season
- To teach the players the value of winning and losing
- To be open to ideas, suggestions, and help
- To always be positive with my team, the opposing team, and the umpires. Any confrontation will be handled in a respectful, quiet, and individual manner.

Finally, don't expect that any player on this team is perfect. We hear all our lives that we learn from our mistakes. Let's allow them to make their mistakes, but always be there with positive support to lift their spirits. It is my intention, and that of my assistants, to make this the best possible experience for all involved, including you.

Should you have any issues, please contact your division's player representative for help. Contact information is on the league website under the Board link. <http://www.fivecitiesyouthbaseball.com/Site/Board>