



# Five Cities Youth Baseball

Where the *PLAYER* comes first!



## 2018 Coaching QuickStart Guide (T-Ball / Rookie Divisions) Updated Spring 2018

Welcome to the Five Cities Youth Baseball organization! We appreciate your efforts toward creating a safe and fun environment for our kids. Below is a quick summary including upcoming events for your reference as we begin the Spring 2018 season. If you ever have any questions or feedback, please don't hesitate to contact your Player Representative below, their job is to ensure you have the information and support you need. **ALL** league communication is to be routed through your Player Representative:

**T-Ball Player Representative:** Tim Holt  
[tholt@tcsn.net](mailto:tholt@tcsn.net)  
(805) 464-1608

**Rookie Player Representative:** Chase Martin  
[chasew.martin@gmail.com](mailto:chasew.martin@gmail.com)  
(805) 540-4994

Scheduling and communication with your team is all handled through our website, [www.fivecitiesyouthbaseball.com](http://www.fivecitiesyouthbaseball.com). Take some time to explore the functionality of the site and give us any feedback that might help you better manage your team. Each team will have their own website. This will be a place where you can communicate with your team. You can also post pictures, stats, etc. You use the same login credentials as you did during registration. For website questions, please contact Tim Harvey or Neil Weller.

Tee Ball is for players ages 4 to 6. They are taught the fundamentals of baseball. Players will hit off a tee and/or get underhand toss from a coach. They will play on a 50' baseball diamond with a portable fence. Practice will depend on the coach, usually not more than two days a week, typically lasting one hour. Games will be one day a week, typically on Friday evenings or Saturday mornings.

Rookie ball is for players ages 7 to 8. At this stage players begin to understand more position play with a continued strong emphasis on coach participation. Baseballs will be pitched from machine. Players will also play on a 50' diamond with a portable fence. Practice time is based on coaches but typically is not more than two days a week, lasting one hour. Players will play two games per week, one week day and a Saturday morning. No score is kept and this is not a competitive level of play, this continues the process of instructional, hands on play.

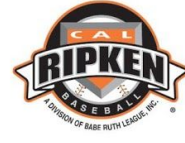
### Important Dates:

Sun, February 18, 2018, 2pm - Coaches Meeting, Field Prep and Equipment Handout – Pismo Sports Complex



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- Mon, February 19, 2018 - First week of practices, practice/field scheduling is coordinated through the FCYB Board and you will be communicated through your Player Rep. If you change the location of your practices, please notify your Player Rep for insurance and liability reasons.
- Tues, February 20, 2018, 6-8pm - Coaching Clinic - Grace Bible Church  
**REQUIRED!!** All coaches in every division are asked to attend a coach clinic put on by Arroyo Grande High School baseball coaches. Coaches can learn more about expectations of coaches at the high school level and gain some tips for running practices, drills, etc.
- Tues, March 6, 2018, 7pm - Team Parent Meeting – Grace Bible Church  
Each team will need a team parent to coordinate fundraising, pictures, uniforms, snack schedule, etc. All team parents will attend this informational meeting. If a coach does not choose a team parent by this meeting date, the coach must attend the meeting.
- Wed, March 7, 2018, 6-8pm - Positive Coaching Alliance Seminar – Grace Bible Church  
**MANDATORY!!** All coaches in every division are required to attend this informative seminar. PCA has been paid for by the league and the intent is to align all of our coaches with the same philosophies to maximize the benefit to our kids.
- Saturday, March 10, 2018 - Opening Day / Pitch, Hit, & Run / Home Run Derby – Pismo Sports Complex. More information for this event will be emailed to all league contacts. Majors games to begin on Opening Day, Minors and Farm games will begin the following week.
- Sat, March 17 & 24, 2017, TBD - Team Pictures – Pismo Sports Complex  
Team picture schedules will be sent out to the league via email as they are organized.

FCYB local rules of play are on the following pages for your reference. Please familiarize yourself with the rules and contact your Player Representative with any questions. Thank you again for your support of our program. Remember to keep baseball fun and safe for your kids. Good luck, and play ball!