



Five Cities Youth Baseball

Where the *PLAYER* comes first!



2019 Coaching Information Guide (T-Ball / Rookie Divisions) Updated Spring 2019

Welcome to the Five Cities Youth Baseball organization! We appreciate your efforts toward creating a safe and fun environment for our kids. Below is a quick summary including upcoming events for your reference as we begin the Spring 2019 season. If you ever have any questions or feedback, please don't hesitate to contact your Player Representative below, their job is to ensure you have the information and support you need. **ALL** league communication is to be routed through your Player Representative:

T-Ball Player Representative: Eric Tayman
erictayman@sbcglobal.net
(805) 748-4280

Rookie Player Representative: Chase Martin
chasew.martin@gmail.com
(805) 540-4994

Scheduling and communication with your team is all handled through our website, www.fivecitiesyouthbaseball.com. Take some time to explore the functionality of the site and give us any feedback that might help you better manage your team. Each team will have their own website. This will be a place where you can communicate with your team. You can also post pictures, stats, etc. You use the same login credentials as you did during registration. For website questions, please contact Tim Harvey or Neil Weller.

All managers/coaches and volunteers are required by Babe Ruth, our governing organization, to complete Concussion Training, available on the Heads Up website at: <https://www.cdc.gov/headsup/youthsports/coach.html>. Managers/coaches and volunteers are also required to participate in a background check and Abuse Prevention Training, administered by Babe Ruth. When you registered to coach, you received an email confirmation of the order. In that email is a link to complete these training requirements. In the coming days, the league will send out an email to all coaches and managers containing individual codes you will each use to pay for the background check and abuse prevention training. Training is required to be completed by all managers/coaches by March 1st. This is for the protection of the players, yourselves, and the league.

Tee Ball is for players ages 4 to 6. They are taught the fundamentals of baseball. Players will hit off a tee and/or get underhand toss from a coach. They will play on a 50' baseball diamond with a portable fence. Practice will depend on the coach, usually not more than two days a week, typically lasting one hour. Games will be one day a week, typically on Friday evenings or Saturday mornings.

Rookie ball is for players ages 7 to 8. At this stage players begin to understand more position play with a continued strong emphasis on coach participation. Baseballs will be pitched from machine. Players will also play on a 50' diamond with a portable fence. Practice time is based on coaches but typically is not more than two days a week, lasting one hour. Players will play two games per week, one week day and a Saturday morning. No score is kept and this is not a competitive level of play, this continues the process of instructional, hands on play.



Five Cities Youth Baseball

Where the *PLAYER* comes first!



Important Dates:

- Sun, February 17, 2019, 1pm - ACE Community Coaches Clinic, Arroyo Grande High School, Free Admission, registration is required, Registration Link: <https://www.abca.org/eventDetail?EventKey=CCCA021719>
- Tues, February 19, 2019 - First week of practices, practice/field scheduling is coordinated through the FCYB Board and you will be communicated through your Player Rep. If you change the location of your practices, please notify your Player Rep for insurance and liability reasons.
- Sat, February 23, 2019 - Field Maintenance Day – Volunteers signups will go out via email for various projects at the Pismo Beach Sports Complex. Please recruit your parents and players to come help out. Our league is what we make it.
- Sat/Sun, February 23-24, 2019 - FCYB Discount Weekend at Dick's Sporting Goods in SLO.
- Mon, March 4, 2019, 6-8pm - Positive Coaching Alliance Seminar – Grace Bible Church, Community Room
MANDATORY!! All coaches in every division are required to attend this informative seminar. PCA has been paid for by the league and the intent is to align all of our coaches with the same philosophies to maximize the benefit to our kids.
- Thurs, March 7, 2019, 6-7pm - Team Parent Meeting – Grace Bible Church, Community Room
Each team will need a team parent to coordinate fundraising, pictures, uniforms, snack schedule, etc. All team parents will attend this informational meeting. If a coach does not choose a team parent by this meeting date, the coach must attend the meeting.
- Saturday, March 9, 2019 - Opening Day – Pismo Sports Complex. More information for this event will be emailed to all league contacts. Majors games to begin on Opening Day, Minors and Farm games will begin the following week.
- TBD - Team Pictures – Pismo Beach Sports Complex
Team picture schedules will be sent out to the league via email as they are organized.

FCYB local rules of play are on the league website. Please familiarize yourself with the rules and contact your Player Representative with any questions.

Following this page is a Parent Handout that the league would like you to give to your parents during your first practice. It helps to explain expectations, as well as field prep responsibilities, snack bar, etc.

Thank you again for your support of our program. Remember to keep baseball fun and safe for your kids. Good luck, and play ball!



Five Cities Youth Baseball

Where the *PLAYER* comes first!



Player, Parent, Coach Expectations

What do I expect from my players?

- To be on time for all practices and games
- To always do their best, whether in the field or on the bench
- To be cooperative at all times and share team duties
- To respect themselves and others
- To be positive with teammates at all times
- To try not to become upset at their own mistakes or those of others, we will all make our share this year and we must support one another
- To understand that winning is only important if you can accept losing, as both are important aspects of any sport

What do I expect from you as parents and family?

- To come out and enjoy the game. Cheer to make all players feel important.
- To allow me to coach and run the team
- To please recognize that coaches, like players, may make our share of mistakes
- To only be positive with me, the players, and umpires. We are all responsible for setting examples for our children. We must be the role models in today's society. If we eliminate negative comments, the children will have an opportunity to play without any unnecessary pressure and will learn the value of sportsmanship.
- If you wish to question my strategies or leadership, please wait to do so away from the players or fans.
- Participation in the snack bar when asked. Our league experience is what we make of it.
- Assistance with field prep before games and practices. Before games, please do not expect the home team to prep the fields alone, we should all lend a hand and make the fields safe and playable for the kids whenever possible.
- To assist with cleanup after games and practices. Sweep the dugouts, pick up trash, round up equipment. Even if you didn't unlock them, if you're the last people at the fields, lock the equipment containers please.

What can you and your child expect from me?

- To be on time for all practices and games
- To be as fair as possible in giving equal playing time to all players
- To do my best to teach the fundamentals of the game
- To be positive and respect each child as an individual
- To set reasonable expectations for each child and for the season
- To teach the players the value of winning and losing
- To be open to ideas, suggestions, and help
- To always be positive with my team, the opposing team, and the umpires. Any confrontation will be handled in a respectful, quiet, and individual manner.

Finally, don't expect that any player on this team is perfect. We hear all our lives that we learn from our mistakes. Let's allow them to make their mistakes, but always be there with positive support to lift their spirits. It is my intention, and that of my assistants, to make this the best possible experience for all involved, including you.

Should you have any issues, please contact your division's player representative for help. Contact information is on the league website under the Board link. <http://www.fivecitiesyouthbaseball.com/Site/Board>