



Fort Bend GridIron Football Family,

The Fort Bend GridIron Football League has been a part of our local communities for over 11 years, with a single mindset of “*Building Character and Community Through Youth Football*” and providing athletes with a “*Smarter, Safer Way to Play.*”

Return to Youth Football 2020: What We Are Doing

As youth football families seek a responsible return to play, USA Football and Fort Bend GridIron Football are working with leaders across medicine, football and athlete development to pave that path for youth leagues. Below is a look at the ways GridIron has your back as you get back to youth football, both Flag and Tackle.

Parents are a key component of our success this year. Parents play a crucial role in helping the league follow its plan and letting your athletes know why they need to stick to the guidelines. Parents and their athletes should always follow their league’s guidelines. Parents are encouraged to take any additional **reasonable** steps to make them comfortable with their athlete playing this year.

Return to Play Guidelines for Fort Bend GridIron Football

Practice Procedures

- I. Parent
 - a. Questionnaire/Waiver Self-Check Certification – See below.
 - b. Parent Prep Kit – See below.

- II. Organization
 - a. Temperature Checkpoint – See below.
 - b. Signage – See below.
 - c. Coaches wear mask when in close proximity to players (6 feet or closer)
 - d. Self-isolation and presentation to COVID committee (info@fortbendgridironfootball.com) for those in close contact with someone who tests positive.
 - e. Any of those with a positive COVID-19 test requires a negative test and release from health care provider.
 - f. Strict Monitoring of those allowed access to field.

Game Procedures

- I. Parent
 - a. Questionnaire/Waiver Self-Check Certification – See below.
 - b. Parent Prep Kit – See below.

- II. Organization
 - a. On Field
 - i. Temperature Checkpoint – See below.
 - ii. Signage – See below.

Fort Bend Youth Sports Association
202 Century Square Blvd - Sugar Land, TX 77478
A Section 501(c)(3) Charitable Organization – Tax ID # 32042074123
Phone: 609-462-8888 Email: ryan@fortbendgridironfootball.com



- iii. Monitoring Program (Sideline Monitor) – See below.
 - iv. Gameplay adjustments – See below.
 - v. League provided water/Gatorade with disposable cups
 - vi. Coaches wear mask when in close proximity to players (6 feet or closer)
 - vii. Self-isolation and presentation to COVID committee (info@fortbendgridironfootball.com) for those in close contact with someone who tests positive.
 - viii. Any of those with a positive COVID-19 test requires a negative test and release from health care provider.
 - ix. Strict monitoring of those allowed access to field.
- b. Off Field / Spectators
 - i. Monitoring Program (Stands Monitor) – See below.
 - ii. PA Announcements
 - iii. Spraying of guardrails and high-touch areas between games
 - iv. Social Distancing (6 feet or greater)
 - v. Signage – See below.

What To Do Before/During/After

I. Before

- a. Check your athlete, yourself, and anyone else coming with you for the symptoms outlined in the **medical self-check**.

https://siplay-website-content-user.s3.amazonaws.com/Portal/3447/Content/COVID/USA/Football_GridIron_Medical-Self-Check.pdf

- b. Find the **signage** for the onsite screening and wait to be screened.

When you see these signs at the practice/game fields STOP...these are the temperature and waiver checkpoints. See below for the QR code with the link.

https://siplay-website-content-user.s3.amazonaws.com/Portal/3447/Content/COVID/USA/Football_Gridiron_Signage.pdf

- c. Encourage “vulnerable individuals” (as defined by the Centers for Disease Control) to practice social distancing while attending practices or games.
- d. Label your athlete’s water bottles, towels and other personal equipment to help eliminate sharing.
- e. DO NOT go to any league activities if you or they have been exposed to COVID-19.

II. During

- a. All spectators must remain at least 6 feet apart or have a mask on.
- b. Wash or sanitize your hands frequently.
- c. Don’t let your athlete share items – including water bottles, towels, clothing, shoes or football equipment.
- d. Encourage “vulnerable individuals” (as defined by the Centers for Disease Control) to practice social distancing while attending practices or games.

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III. After

- a. Wash your athlete's clothes.
- b. Have your athlete shower when they get home.

More Information and Links

Game Monitor Program

Stands and Spectator Monitor

- Monitors people in stands for visible symptoms
- Sprays high touch areas
- Ensures social distancing

Field Monitor

- Enforces social distancing with crew and officials
- Checks that athletes bring personal water
- Monitors athletes for concussion symptoms
- Monitors on-field personnel of signs symptoms of COVID-19
- Administers water/Gatorade on sidelines

Gameplay Adjustments

1. Coach/Player box will be extended to the 10 yard line.
2. 1 additional "official" timeout per half (Players go to sideline)
3. No team water jugs.
4. Coaches wear masks in close proximity to players and others.
5. Extended time for regular timeouts.

Prep Kit Checklists

Gameplan

https://siplay-website-content-user.s3.amazonaws.com/Portal/3447/Content/COVID/USA Football_GridIron_GamePlan.pdf

Parent Prep Kit

https://siplay-website-content-user.s3.amazonaws.com/Portal/3447/Content/COVID/USA Football_GridIron Parent-Prep-Kit.pdf

COVID-19 Disclosure, Acknowledgment & Waiver

This QR code provides a link that leads to our COVID-19 Disclosure, Acknowledgment & Waiver.

If your temperature is greater than 100.3 degrees or if any part of questions #3 or #4 apply, you must refrain from practice/games until cleared by GridIron. Please contact the GridIron COVID Committee at info@fortbendgridironfootball.com.

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<https://s1play-website-content-user.s3.amazonaws.com/Portal/3447/Content/COVID/Gridiron COVID Protocol QR.pdf>

Thank you for taking the time to learn more about the Fort Bend Gridiron Football League and we ask that you help support the youth of our community by supporting us and our mission.

Mission Statement:

Building Character and Community Through Youth Football.

To positively influence the lives of young men, strengthening their character and making them more productive members of our community by teaching them an array of life skills through the medium of youth football.

With Warmest Regards,

The Fort Bend Gridiron Football League, Board of Directors

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