

**Before Games and Practices:**

1. Instruct any player, coach or parent who is not feeling well to stay home and be excused from participation. Players should only be transported to events by and with members of their immediate household.
2. Any player who has tested positive along with the rest of the team that has come into contact with he or she must quarantine for 10 days. Opposing teams that came into contact with the player and CAL must also be notified.
3. Any player who is awaiting the results of a COVID-19 Test **shall not participate while waiting for the results.**
4. Collect (or have the catholic school verify) a COVID-19 Screening Tool from each of your players before any practice or game.
5. Complete the CAL attendance roster form, bring it to all games and practices and keep a copy on file for your records after the practice or game.
6. Complete the Coach Attestation form online before every game. This is mandatory and the link can be found on the CAL Website ([www.calsportsri.org](http://www.calsportsri.org))
7. If a team cannot compete due to insufficient numbers for any reason, the Athletic Director for that sport must be contacted at least two hours before a game is to be played or a forfeit fee will be assessed to the school or parish.

**During Games and Practices:**

1. Coaches, staff, officials, spectators and players must wear a face mask that covers their mouth and nose at all times. Players should have multiple masks to change as necessary. Face mask compliance enforcement rests with the coach and if necessary the officials. A mask and hydration break will be taken at the mid-point of each half. Gaiters will not be allowed to be worn by players in games.
2. Teams (stable groups) should maintain a physical distance of 6 feet from each other. Players on the same team who are not participating should maintain a physical distance of 6 feet from each other on the sideline. Players should be instructed to move back away from the sideline to accomplish this.
3. Teams should gather while maintaining the recommended physical distance to offer an opening prayer at all contests and during timeouts, hydration breaks and halftime.
4. Spectators should be maintaining a physical distance of 6 feet from the outer boundary of play. At no time should spectators be on the field either before, during or after a contest or practice.
5. Student athletes will not be allowed to share any equipment whatsoever.
6. Coaches will instruct and encourage their players to wash their hands with soap and water for at least 20 seconds or to sanitize them before during and after practices and games (when substituting in and out) with a solution made up of at least 60% alcohol. Home team coaches should provide either a table or chair at mid-field to hold hand sanitizer and wipes to be used by all players, coaches and officials.
7. Responsible parties will clean and disinfect all shared objects including soccer balls before games, during games (after time outs, halftime, hydration breaks, on throw-ins if at all possible) and after any CAL activity. (Home Team supplies 3 game balls)

**After Games and Practices:**

1. There will be no congratulatory handshakes or high fives before during or after the games or practices.
2. Coaches must use their influence to convey the concept to all student athletes and families that remaining physically distant before and after the event will help prevent the spread of any virus by not congregating too closely before or after a CAL activity.