



CAL 2021 Spring Sports Covid-19 Control Plan

DRAFT (03.08.2021)

Based upon the State of RI Reopening Guidelines, CDC Considerations for Youth Sports, and RIIL and NFHS COVID-19 Recommendations, it seems that if schools and parishes are allowed to compete in volleyball and soccer beginning in April 2021, CAL **schools, parishes, and coaches will be expected to adhere to the following (outline per Reopening RI Phase III Youth, Adult & School Sports Guidelines and Indoor Facilities 02.05.2021 and Reopening RI (FAQ's) for RI Youth and Amateur Sports 02.25.2021)**:

Maintenance of Stable Groups: CAL teams should be organized into stable groups.

- ✓ The same individuals - including players, coaches and staff should remain in the same group or on the same team over the course of the entire season.
- ✓ Student-athletes shall participate on only one CAL Spring Sports team in 2021.
- ✓ Teams from Massachusetts will be able to participate in spring 2021 as long as their state is not on the list of communities that have a high rate of spread of Covid-19.

Face Masks and Coverings: Coaches, staff, officials, players and spectators must wear a face covering at all times with no exceptions. This includes wearing a face-covering during practices, scrimmages and games.

- ✓ Schools and parishes will provide coaches with supplies to provide to children and spectators if necessary.
- ✓ Student-athletes should bring multiple masks with them to each workout, practice or game in order to change masks if one breaks or becomes wet/soiled.
- ✓ Face coverings must completely cover the nose and mouth and can only be removed to hydrate. CAL will not allow gaiters to be worn during games.
- ✓ The primary responsibility for facemask compliance lies with the coach.

Physical Distancing: Coaches (and CAL Administrators or School Administrators if present) will enforce social distancing of 6' between individuals not competing and spectators.

- ✓ Bleachers where available should be used as team benches indoors to ensure adequate social distancing. Players and coaches should be assigned a specific seat for the duration of the contest. If an assigned seat cannot be accommodated, the person exiting the court is required to disinfect the seat.
- ✓ Stable Groups (teams) should maintain a physical distance of 6' between each other.
- ✓ There will be no congratulatory handshaking, fist bumps, elbow bumps, or high fives at any CAL events.
- ✓ Spectators limited to one member of a student athlete's household should ensure at least 6' of distance between family groups and 6' or more from the outer limit of play.
- ✓ Spectators may be limited, if required by Executive Orders, on limitations of gatherings at the time of the scheduled events. (currently the indoor capacity being 1 person per 100 square feet)

Responding to a Positive Case or Outbreak and Minimizing access by Covid-19 Positive or Symptomatic Individuals: The contact information for Coaches, student-athletes who test positive, have been exposed to or have symptoms of Covid-19 must be reported by the school or parish to the RIDOH and CAL.

- ✓ Coaches must maintain a daily attendance log for all practices and contests. Student-athletes and coaches must be screened daily before participating in any CAL athletic activity.

- ✓ All CAL coaches and student-athletes should undergo at a minimum weekly Covid-19 testing. Coaches should document the results of all Covid-19 testing as part of the Coach Attestation Form that is to be submitted before each contest.
- ✓ Any coach, student-athlete or parent/spectator who does not feel well or who has been exposed to another person with Covid-19 should not participate and be excused from the activity. If a player-coach, official or staff member tests positive for Covid-19 the entire team or group who have been in contact with the individual who tested positive for COVID-19 needs to quarantine for 10 days or in accordance with RI Executive Orders and Directions from the RIDOH.
- ✓ In addition, coaches, staff, athletes, officials and spectators should not attend games, practices or any related sports activities while waiting for a Covid-19 test result.
- ✓ Upon notification of a confirmed positive case, CAL will notify the Principal or Pastor of all other school or parish athletes who were in contact with each other of this information.

(Attachments: CAL COVID-19 Attendance Monitoring Form, COVID-19 19 Screening Tool and CAL Covid-19 Coach Attestation Form).

Communication with Employees or Volunteers (agents of the Principal and or Pastor): A virtual meeting with all spring coaches will take place TBD and all CAL Coaches will receive a copy of the CAL COVID-19 Control Plan for spring sports.

- ✓ In addition, each Principal, Pastor or designated school or parish staff member will share the school's COVID-19 control plan with the volunteer coach.
- ✓ The coach and CAL Administrators when present will act as Compliance Officers to ensure that the COVID-19 Control Plan is being enacted at all contests.

Cleaning, Hand Washing/ Sanitizing and Decontamination: Coaches will instruct and require all student-athletes to wash their hands for at least 20 seconds with soap and water before and after all practices and contests if conditions permit, or to have them use hand-sanitizer (with at least 60% alcohol content).

- ✓ Families will be expected to assist and provide student-athletes with the opportunity to wash or sanitize their hands.
- ✓ Schools will provide coaches with hand sanitizer and/or sanitizing wipes so that they can offer them to students who do not have them.
- ✓ Hand sanitizer and disposable masks should be made available at all practice and game sites.
- ✓ There will be no sharing of water bottles or equipment. Student athletes will be expected to provide their own equipment including their own water bottle for their use only and they should clean and sanitize their equipment before and after use.
- ✓ Rest rooms are maintained per the venue and their regular cleaning plan.

Facility Considerations: Host teams are recommended to ensure that their facilities have been properly sanitized and have hand sanitizer and disposable masks available for practices and contests.

- ✓ Host teams should assume responsibility for cleaning and disinfecting frequently touched surfaces and equipment including game balls.
- ✓ Host teams should put into place measures to reduce bi-directional foot traffic including, but not limited to signs with arrows or tape, including separate entrances and exits where possible.

Staying Up to Date on Industry-Specific Guidance: CAL will continue to monitor, consult and adhere to all Executive Orders, CDC, RIDOH, National Federation of State High Schools, the RI Interscholastic League and RI Principals Committee on Athletics Grades 6-8 as well as the Catholic School Office for all guidance to ensure the health and safety of all CAL coaches, student-athletes and families so they can safely enjoy and return to athletic competition in the spring of 2021.