



2021-2022 Lakota Thunderbird Youth Basketball Covid Guidelines (updated JAN 2022)

The purpose of this document is to provide coaches, players, and parents with a condensed checklist of steps to take in the case where a member of the team is exposed to, or tests positive for COVID-19. This checklist is derived from guidance issued by the Butler County Board of Health, the Ohio Department of Health (ODH), and the Centers for Disease Control (CDC). Additional links providing similar guidance are included at the end of this document.

Note that, per the ODH, since Lakota Thunderbirds is a community-based sports organization rather than school-based, we are NOT allowed to follow the 'Mask to Stay/Test to Play' quarantine guidelines that Ohio School districts have been using.

1 For Players and Coaches Testing Positive for COVID-19

This guidance applies for anyone who tests positive for COVID-19, regardless of vaccination status:

- Stay at home for 5 days
- If you have no symptoms, or your symptoms are resolving after 5 days, you may leave your home (i.e return to basketball), however,
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

2 For Players and Coaches Who Are Considered “Close Contacts”

For players, coaches and others who come in close contact with COVID-infected individuals, please use the following quarantine guidelines:

2.1 Fully Vaccinated Individuals

A fully vaccinated individual exposed to COVID-19, regardless of the setting, does not need to quarantine. An individual is considered to be up-to-date and fully vaccinated if:

- Received a booster dose of any COVID vaccine OR
- Completed a primary series of Pfizer or Moderna vaccine within the last 6 months OR
- Completed the primary series of J&J vaccine within the last 2 months

While quarantining is not required, fully vaccinated individuals

- Must wear a mask with around others for 10 days following last exposure
- Test on day 5, if possible
- Symptom monitor through day 14

If symptoms develop, stay at home. If a positive test result is returned, follow guidelines for “Testing Positive for COVID-19” (above)

2.2 Unvaccinated or Partially Vaccinated Individuals



Quarantine measures are required for any unvaccinated or partially vaccinated individual exposed to COVID-19, regardless of the setting. An individual is considered to be partially vaccinated if:

- Only received only one dose of Pfizer or Moderna vaccine OR
- If you completed the primary series of Pfizer or Moderna vaccine more than 6 months ago and are not boosted OR
- Completed the primary series of J&J vaccine more than 2 months ago and are not boosted.

If an unvaccinated or partially vaccinated individual is in close contact with a COVID-19 infected person, the following measures must be taken:

- Stay at home for 5 days. After this 5-day period continue to wear a mask around others for an additional 5 days.
- Test on day 5, if possible
- Symptom monitor through day 14 after last exposure

If symptoms develop, remain at home. If a positive test result is returned, follow guidelines for “Testing Positive for COVID-19” (above)

3 Who is considered a close contact outside of school or school affiliated extra-curriculars?

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes over a 24-hour period.
- You provided care at home to someone who is sick with COVID-19.
- You had direct physical contact with the person (touched, hugged, or kissed them).
- You shared eating or drinking utensils.
- They sneezed, coughed, or somehow got respiratory droplets on you.

The incubation period for someone with COVID-19 is 48 hours prior to symptom onset, or if asymptomatic, 48 hours prior to positive COVID-19 test.

Useful Links

CDC Isolation and Quarantine Updated Guidelines

<https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

Ohio Department of Health Updated Guidelines

<https://coronavirus.ohio.gov/static/docs/covid-19-guidance-quarantine.pdf>

Given the ever-changing nature of this pandemic, it is likely that these guidelines will change and evolve as additional information becomes known. Everyone is requested to be familiar with and frequently review these requirements, and to follow the most current recommendations.

Have a safe and enjoyable season!