



11/26/2018

## **2018-2019 LAKOTA T-BIRDS 1st/2nd GRADE BASKETBALL LEAGUE RULES**

- The objective of the 1st/2nd grade league is focused on instruction of the fundamentals of basketball and applying that in a fun competitive environment on game day.
- Coaches will ensure that every player learns the fundamentals of the game, and plays at least the equivalence of two quarters, and has a positive experience.
- Coaches are also responsible to ensure that parents and fans understand they are expected to behave as adults. Coaching should occur from the bench, not the stands. Please drive this message home at your first team meeting.
- Our referees are there to reinforce instruction and will be teaching, as they officiate. These are not your typical referees since they will teach while they officiate.
- Boys games will be played with a 28.5" ball and 9' rims, Girls Games will be played with a 27" ball and 8.5' rims

### **GAME TIME INFORMATION**

- All Boys games are held at UNION Elementary unless otherwise notified.
- All Girls games are held at Hopewell Early Childhood School
  - If weather is an issue on game day you will receive an email from the coordinator about any delays or cancelations. If canceled we'll make every effort to make up the games.
- Every player on the roster **MUST** play half the game, at least 2 full quarters. If a team has less than 10 players, no one player may play more than 3 full quarters.
- Four 8 min running quarters with the exception of the fourth quarter in which the last two minutes will stop on the refs whistle. During the entire game time stops during timeouts and injuries.
  - The clock will be stopped during free throws.
  - The clock will not start during the last 1 minute of the game until the ball crosses over half court
- The home team is required to provide a clock keeper and the visiting team is required to provide a person to keep the book (fouls, points). The book keeper must sit on the bench with the team.
- The Home team will wear RED and visitors BLACK; the home team will sit on the bench furthest from the gym entrance and warm up on the opposite side. Home team is 2nd team listed in game schedule.
- Each coach will be allowed (3) 60-second timeouts per game.

- Substitutions are to report into the scorer's table and must be beckoned onto the floor by an official. Substitution will only be permitted at the 4 Minute mark of each quarter, the referee will stop play at the 4 minute mark and allow coach's to make substitutions, players will line up and match up for defense as if the start of a quarter. The exception to this rule is if a player is injured then a substitution will be allowed. If the injured player can return before the end of the quarter, then substituting that player back in will be allowed, but only for the player that replaced him or her.
- Rule violations will be officiated very loosely throughout the beginning of the season; but will become much stricter as the season progresses. At the beginning of the season, we will simply try to stop the kids from running with the ball and committing other violations. Each week, the enforcement will increase for violations. Week 3 will start the normal officiating; violations will be fully enforced.
- No pressing, all players must fall back on defense once the ball is secure from the other team. The defender guarding the player bring the ball down court must allow 3 ft. past half court before applying any pressure.
- No zone defenses will be permitted. Man to man defense only, players must stay within 3ft from the person they are guarding. The girls will utilize colored wristbands and must guard the opposing player wearing the same color.
- Players can switch to cover on "picks" / "screens". The girls will not be allowed to set "picks" / "screens".
- Trapping players or Double Teaming will only be permitted inside the paint (Rectangle portion of the key directly below the basket to the free throw line)
- No isolation clear out plays will be permitted. The purpose of this rule is to encourage all players on the court to be involved in each play. Determination of what constitutes a clear out play will be left to the discretion of the officials. The classic example of a clear out play is setting up the offense with each off ball player standing in the corner uninvolved in the play while the point guard plays one on one. Offensive sets are encouraged to begin with all players within or near the 3 point line.
- 3 seconds and the 10 second rule will be enforced
- Over and back violations will not be called until the third week when violations will cause a turn over.
- Any coach/fan ejected from a game will be out for the rest of that game and the next week's game, 2<sup>nd</sup> violation will result in a ban for the remainder of the season
- Coaches are expected to interact with the referees in a calm, respectful manner
  - If you have an issue with a referee, do not address it with them. Please contact the 1st/2nd grade coordinator to discuss after the game. Ideally allow 24hrs before addressing.
- During the regular season if the score is deadlocked at the end of regulation time, an overtime period of two minutes will be allowed to break that tie. 2<sup>nd</sup> overtime a period of 1-minute. 3<sup>rd</sup> overtime – coin flip for ball possession 1<sup>st</sup> team that scores wins.
  - Coach will be given one timeout for each overtime period
  - The entire overtime period will have a stop and go clock