



32 Years of Community Service

Thunderbird Basketball

Coaches meeting for the 2019-2020
season



This presentation is available at: TBirdHoops.org

Meeting Agenda

- TBird Board & Contact Information
- Schedule
- Coaching Requirements
- Signups & Skills Assessments
- Team Selection
- League Rules – several updates this year
- Concussion training, Lindsay's Law
- Uniforms & Equipment
- Practice Times, Conflicts
- Use of Lakota Schools
- Additional Activities

Thunderbird Board for 2019-2020



Scott Whitenack
President



Janet Habedank
Treasurer



Kathy Steen
Scheduler



Mike Goldman
*Uniforms &
Equipment*



Joe Mills
*Uniforms &
Equipment*



Amanda Wilson
*Uniforms &
Equipment*



Christian Fernholz
Secretary



**Courtney
Kasselmann**
Girls Coordinator



Mark Kaiser
*Boys 1-6
Coordinator*



Fred Bontrager
*Boys 7-12
Coordinator*



Anthony Ratica
*Flight
Coordinator*



Michael Lewis
At-Large

Thunderbird Board Contact Information

Name	Position	Phone
Scott Whitenack	President	513 702 4623 (c)
Janet Habedank	Treasurer	513 460 7753 (c)
Kathy Steen	Scheduling	513 254 4219 (c)
Joe Mills	Equipment and Uniforms	513 265 2303 (c)
Mike Goldman	Equipment and Uniforms	513 330 5689 (h)
Amanda Wilson	Equipment and Uniforms	513 804 4856 (c)
Courtney Kasselmann	Girls Coordinator	513 260 6431 (c)
Mark Kaiser	Boys Coordinator	513 330 5689 (h)
Fred Bontrager	Boys Coordinator	513 623 7263 (c)
Anthony Ratica	Flight Coordinator	513 512 9043 (c)
Christian Fernholz	Secretary	513 400 7339 (c)
Michael Lewis	At-Large	513 240 7115 (c)

Coordinators

Boys

Grade 1-2	Volunteer Needed	
Grade 3	Volunteer Needed	
Grade 4	Dave DeMonge	513 403 5802
Grade 5	Nick Navavati	513 289 6782
Grade 6	John Barth	513 869 9592
Grade 7 - 12	Fred Bontrager	513 623 7263

Girls

Grade 1 - 12	Courtney Kasselmann	513 260 6431
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Flight

Grade 1 - 12	Anthony Ratica	513 512 9043
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2019-2020 Schedule (available on webpage)

Wed	Sept 4	Coaches Preseason Meeting. All those interested in coaching a Thunderbird team are encouraged to attend	Lakota West HS Community Room, 8940 Union Centre Boulevard, WC, 45069	7:00 - 8:30 pm
Sat	Sept 14	THUNDERBIRD In-Person Assessments. Grades 1-12. Signups after this date go on waiting list	Liberty Jr. High, 7055 Dutchland Blvd, Lib Twp, 45044	TBC
Sun	Oct 6	All 1-6 grade teams formed by this date	---	---
Sun	Oct 13	All players contacted no later than this date. Teams formalized	---	---
Sat	Nov 2	Equipment Handout 9:00 - 12:00 NOON - TBC Coach Training. 10:00 - 11:30 - TBC	Union Elementary, 7672 Lesoursville-West Chester Road, 45069 - TBC	9:00 - 12:00
Sat, Sun	Nov 2-3	DICK'S SPORTING GOODS 20% OFF. See Story on Home page for Coupon - TBC	Dicks Sporting Goods, Liberty Store Only - TBC	All Day
Tues	Nov 5	Voting Day	---	---
Wed	Nov 6	Practice Starts	All Gyms	---
Fri	Nov 8	Last Day of Jr. High Tryouts (TBC)	---	---
Sat	Nov 9 - TBC	Boys Grade 7-8 Flight In-Person Tryouts. You must already be signed up a Flight team prior to Saturday - TBC	Ridge Jr.High, 6199 Beckett Ridge Boulevard., WC 45069 - TBC	TBC
Wed	Nov 27	No School. No Practice.	All Gyms	---
Thurs	Nov 28	No School. No Practice.	All Gyms	---
Fri	Nov 29	No School. No Practice.	All Gyms	---
Fri	Dec 6	CPYBL League Games Start	---	---
Mon	Dec 23 to	No School. No Practice.	All Gyms	---
Fri	Jan 3	No School. No Practice.	All Gyms	---
Mon	Jan 6	Practice Resumes	All Gyms	---

Fri	Jan 10 - TBC	Team Photos	Hopewell Jr. High - TBC	Pam Naber
Sat	Jan 11 - TBC	Team Photos	8200 Cox Road	will
Sun	Jan 12 - TBC	Team Photos	West Chester 45069	coordinate
Mon	Jan 20	No School. No Practice.	All Gyms	---
Fri	Feb 14	No School. No Practice.	All Gyms	---
Mon	Feb 17	No School. No Practice.	All Gyms	---
Th-Su	Feb 20-23	Grade 7-12 Postseason Tournament	All CPYBL Gyms	---
Th-Su	Feb 21-Mar 1	Grade 3-6 Postseason Tournament	ALL CPYBL Gyms	---
Sun	Mar 1	End of Season	---	---
Sat	Mar 7 TBC	Equipment Turn-in	Hopewell Jr. High - TBC	9:00 - 12:00

Key Dates for 2018-2019 Season

• 14SEP2019

- In-person signups and assessments (see times page 10)
- Please attend during your time slot to observe potential talent in your age group.

• 02NOV2019

- Equipment pickup, Union Elementary, 9:00 am – 12:00 pm
 - Pickup uniforms, equipment, final roster, final practice schedule, conflict schedule
 - Last chance to turn in concussion training documentation to Kathy Steen before practice starts.
- Coaches Clinics – Union Elementary, 10:00 – 11:30 am (during equipment handout)
 - Players will not be participating on the court but are welcome to attend
 - Drills will be demonstrated for players of all age and skill levels

• 06NOV2019

- Practices start (day after election day)
- Most likely will have 7th & 8th grade select team – watch website & email for more info

Coaching Requirements

- Looking for coaches with the following qualities
 - Good track record working with children
 - Basketball knowledge
 - Will work within the Thunderbird Charter and rules
 - Be a positive role model and representative for the Tbird program
 - Must be able to pass a background check
- All Thunderbird coaches are strongly encouraged to attend the Coaches Clinic

Being a Thunderbirds Coach

- Attend the pre-season meeting.
- Discuss your interest to coach with the coordinator in your grade.
- Signup online to be a head or assistant coach.
- Attend in-person assessments to see what talent you can pick for your team. All players at assessments have a player number and their grade on their back. Record those numbers.
- Attend the draft meeting to finalize your team (10 players). Your grade coordinator and Kathy Steen will coordinate the meeting date. Completed by 06OCT2019. Identify what basketball division you want to play in and what nights you want to practice.
- Contact your players by phone no later than 13OCT2019. Some may drop. Contact your grade coordinator to get another player assigned.
- Complete concussion training and send training certificate to Kathy Steen.
- Recommend you hold a team meeting to introduce yourself and meet the players.
- Get parents and players to acknowledge Lindsay's Law training. Coaches need to return signed forms to Kathy Steen. Parents also need to acknowledge CPYBL liability waiver.
- Practice starts on Wednesday 06NOV2019. Games start on 06DEC2019. Normally, Saturday & Sunday.

Sign Up & Skills Assessment Times for Grades 1-12

- All coaches are requested to be at the skills assessment to evaluate talent in their grade and to help with sign-ups
- Players can come to the signups at any time if the preferred times do not work. However, the coaches for that grade usually will not be in attendance to see those players tryout in person.

Saturday 14 September 2019

Division	Grade	Time
Girls	1, 2, 3	8:30 – 9:30
Boys	3, 4	9:30 – 11:00
Boys	5, 6	11:00 – 12:00
Boys/Girls	7 – 12	12:00 – 1:30
Girls	4, 5, 6	1:30 – 2:30
Boys	K, 1, 2	2:30 – 4:00

Sign-ups at Lakota Liberty Junior

Sign-Ups for Grades 7 - 12

- Players in Grades 7-12 are encouraged to sign up in-person on 14SEP2019
- There will be a 2nd in-person signup day for boys and girls in grades 7-12 on Saturday 09NOV2019
 - Held immediately after Jr. High School teams are formed (ends 08NOV2019)
- In addition to Rec & Flight Select signups, current plans are to have an additional assessment at the end of the 09NOV signups for one Flight Select team in grade 7 and one team in grade 8
 - If you want to play n a Flight Select team you will need to attend the additional assessment on 09NOV2019
- There is a tight schedule to enter team info for grades 7-12 in CPYBL
- Team draws will be held on 10NOV2019 (Sunday)
- Team information is “due” to league on 13NOV2019 (Wednesday)

Thunderbird Player Eligibility

- All players must reside in the Lakota School System boundaries.
- Each family (including all players) must register on-line.
 - TBird Parents Code of Conduct, Players Code of Conduct, acknowledged during signup.
 - TBird Release waiver & permission statement during signup.
- All players must pay the \$145 sign-up fee, which is due at time of signups.
 - For families with more than 2 players: the first two siblings pay full price (\$290 max), additional siblings pay the uniform fee only (\$35 each child after 2)
- A player cannot play for more than one Thunderbird team in a season.
- Players are not permitted to play concurrently on any other basketball team in the same league(s) as their Thunderbird Team.

Team Selection Process (not Flight Select)

- All Thunderbird teams will be drafted.
- Grade coordinators and Kathy Steen will run the drafts
- 1st/2nd grade boys and girls in-house teams
 - drafted to ensure competitive balance
- All other teams
 - Core teams may stay intact if player and coach both agree
 - The goal is to balance teams as much as possible
 - Tryout scores will be available for new players and anyone who does not want to return to the same team
 - Note: attendance is not mandatory, so scores may be hit and miss for un-assigned players
 - Tryout scores are used as a guide in choosing players in combination with observed skills.
 - We do not aim to put the top 8-10 scorers on the same team.
 - Coaches will select what division to play in with help from Division coordinators and Kathy Steen.
 - Goal is for each team to play at the correct level – a good season 50% or more wins, a few losses.

League Rules

- B1-2 and G1-2 grades will be run as a Tbird in-house league.
- Boys 9' baskets. Girls 8 ½' baskets. Relaxed rules to start. Rules get more rigorous as the season progresses. Real basketball by the end. In-house refs who know our requirements.
- We will place other teams in the Cincinnati Premier Youth Basketball League.
- Maximum number of players per team is 11 in grades 4 - Varsity. Maximum number of players is 10 in third grade. We plan for you to have 10.
- Only 2 coaches allowed on bench during games.
- Every coach and player must have a CPYBL Liability Waiver on file with CPYBL before they can play/coach in a game. Coaches/Parents can complete the waiver online on the CPYBL website.
- League Rules can be found at www.cpybl.com.

READ AND KNOW THE RULES

Concussion Training (Coaches only)

- Youth sports organizations are required to
 - Require coaches & referees to complete, every three years, an online training program in recognizing the signs and symptoms of concussions and head injuries
 - Provide parents a 'Concussion and Head Injury' information sheet created by Ohio Department of Health. (You will give this paper to your parents)
- The link is provided on the TBird website under the Coaching tab
- You may complete one of three Ohio Department of Health approved online programs if your registration is out of date.
 - We prefer the NFHS or CDC program
 - Please see handout titled "Ohio's Return-to-Play Law: What Coaches & Referees Need to Know - Youth Sports Organizations"
- You will need to send a copy of your certificate of completion to Kathy Steen by 06NOV2019 (before starting to practice)

Lindsay's Law (Coaches, Parents and Players)

- Lindsay's Law

- Ohio Revised Code 3313.5310, 3707.58 and 3707.59 went into effect on 01AUG2017.

- In accordance with this law, the Ohio Department of Health, the Ohio Department of Education, the Ohio High School Athletic Association, the Ohio Chapter of the American College of Cardiology and other stakeholders jointly developed guidelines and other relevant materials to inform and educate students and youth athletes participating in or desiring to participate in an athletic activity, their parents, and their coaches about the nature and warning signs of sudden cardiac arrest.

- What is Sudden Cardiac Arrest?

- A Sudden Cardiac Arrest (SCA) occurs when the heart suddenly and unexpectedly stops beating, cutting off blood flow to the brain and other vital organs. Sudden cardiac arrest is fatal if not treated immediately, most often by a defibrillator.

Lindsay's Law

- The following resources were developed to implement Lindsay's Law
- For parents/guardians and youth athletes:
 - Required Video: <https://www.youtube.com/watch?v=s-YfCWQPeqw&feature=youtu.be>
 - Required Sudden Cardiac Arrest (SCA) Information Sheet: <http://www.odh.ohio.gov/-/media/ODH/ASSETS/Files/chss/Lindsays-Law/Parent-Guardian.pdf?la=en>
- For coaches:
 - If you are a coach for an interscholastic sport and are licensed by the Ohio Department of Education, please visit their website for information about their training requirements around Lindsay's Law.
 - If you are a coach in a community program, please use the following resources:
 - Required Video: https://www.youtube.com/watch?v=h3teQ3e_hoQ&feature=youtu.be
 - Tbirds will provide coaches with an instruction sheet and a blank form to get all parents' and players' signatures from your team. When complete, retain this form for the entire season as proof of compliance.

Practice Times & Game Schedules

- ALL gym time will be scheduled by Kathy Steen, in consultation with the grade coordinators
 - email: ksteen2222@gmail.com 513 254 4219
 - 90 minute practice slot per week
- Home games coordinated (but not scheduled) by Kathy
- Game conflicts which are the result of participation in multiple leagues are the responsibility of the coach/team. TBirds only coordinates CPYBL games.
- All communications with League officials must be through Kathy (e.g., complaints, protests, etc.)

Schedule Conflicts

- Lakota Schools may preempt your practice if there is a school function.
- Known conflict schedule will be communicated via email
- Make-up practices will be communicated via email
- Additional conflicts will occur
 - If conflicts occur:
 - Leave the school
 - Check with Kathy for a make-up time
- Reminder:
 - If for some reason there is no school on a given day, the gym is also closed
 - If school is cancelled mid-day (e.g. bad weather) the gym is closed
 - Schools are closed during Christmas break and so are the gyms

Uniforms and Equipment

- **Coordinators**
 - Joe Mills (513 265 2303, jemills68@gmail.com)
 - Mike Goldman (513 607 9152 mambgoldman@gmail.com)
 - Amanda Wilson (513 804 4856)
- **Uniforms ordered are based on sign-up data**
 - It's important that every participating player try on the uniforms to ensure correct sizing
 - If some uniforms don't fit, try swapping uniforms between players before calling Joe or Mike to correct uniform pieces if you just cannot make it work
- **Equipment: each coach gets**
 - Mesh bag, 3 basketballs, score book, first aid kit
- **Coach's shirts**
 - Returning coaches, please use your shirt from last year
 - New coaches will get a shirt. League rules limit bench to two coaches.

Fees

- Fee is \$145 per player
 - Covers entry into one league, referee fees, post-season tournament, uniforms, equipment, 1 practice/week, insurance, etc.
 - Refund policy
 - Grades 1-6:
 - Full refund through 22SEP2019
 - Partial refund through 05OCT2019, no refunds after this date
 - Grades 7-12:
 - Full refund through 17NOV2019, no refunds after this date
- Budget based on 10 players / team
 - Team fee is \$1,450 per team
 - If a team wants to carry less than 10 players (not recommended), they need to cover the \$145 fee for each missing player, less a \$35 uniform fee (or \$110 per player)
- Ref fees (\$30/game)
 - Fees are paid by the coach at each game during the year
 - Fees are refunded at the end of the year when you turn in your equipment

Use of Lakota Schools

- Use of Lakota Schools is a privilege. TBirds must protect school property
- Coaches must control their teams
 - *No bouncing basketballs in the school lobbies or hallways*
 - *All visitors, especially siblings, must stay in the gym & be supervised*
 - *Absolutely no wandering around school facilities is permitted*
 - Keep your players in the gym; supervise restroom breaks
 - Discuss & set expectations with players & parents at start of season
- Assign a team parent to help supervise players
- Report any problems to the Coordinator
- If we get a report that there were issues during your practice time, we will follow up. Your teams could be liable for damage and/or lose practice time. Please do not let this happen.

Additional Thunderbird Functions This Year

- Teams will play at halftime of East and West basketball games.
 - Initial signups at Equipment Day (02NOV2019)
 - Girls at Varsity & JV games, Boys at JV games
 - Coordinators:
 - East: Mike Goldman
 - West: Mark Kaiser
- Team Photos 10/11/12 January 2020.
 - Team participation is *mandatory*
 - Pam Naber will contact you to arrange a photo time
 - Assign a team parent to organize this if you do not want to
- Christmas tournament participation
 - The board is looking into ways to encourage and support participation in basketball tournaments over the holiday break
 - Watch for additional details and communication on this topic
- Skills training clinic
 - The board is also looking into arranging an athletic skills training clinic with the Lakota East/West athletic training staff
 - Training would be open to all Thunderbird players, and would teach athletic life skills useful for all sports, not just basketball
 - Watch for additional details and communications



**Good Luck and
Have a Great Year!**



See you at sign-ups 14 September 2019, Lakota Liberty Junior