

Important Parent Info for Rocket Cheer

Cheer Camp

Dates: Tuesday, July 25th—Thursday, July 27th

Times: K-2 6:00pm-7:00pm / 3rd-8th 6:30pm-8:00pm

Location: Greenville High School Front Lawn

Please wear shorts, t-shirt, and tennis shoes.

Hair must be up and bring water!



Practice Schedule

Please wear shorts, t-shirt, and tennis shoes.

Hair must be up and bring water!

7th & 8th Grade

Start August 14th Mon/Tues @ GHS Front Lawn

6:00pm-7:30pm

3rd/4th & 5th/6th Grade

Starting August 15th Tues/Thurs @ GHS Front Lawn

6:00pm-7:30pm

K-1st & 2nd Grade

Starting August 22nd Tues/Thurs @ GHS Front Lawn

6:00pm-7:00pm

Game Schedule

Once the schedule is completed it will be distributed. The outline below gives you an idea of what to plan for.

Games will start the week of September 4th and run through October.

All K-1st & 2nd Grade will be on Saturdays

3rd/4th & 5th/6th Grade Games will be on Saturdays

7th & 8th Grade Games will be on Wednesdays & Saturday
(with a possible Tuesday game)

Items Each Cheerleader Needs to Purchase:

Please have all of these items purchased by August 15th so your uniform will be complete for pictures.

Picture are tentatively scheduled for the week of August 21st.

Items can be easily found at omnicheer.com for the prices listed below (plus tax & shipping)

Black Bodysuit

\$14.50-\$16.50



Black Cheer Briefs (Lollies)

\$5.95-\$7.95



White Ankle Socks

\$2.75



White Tennis Shoes

\$19.85



Black Crew Neck Tee

(to wear when it's hot)

Walmart \$3.46



Black Sweatpants (K-2nd Grade)

(to wear when it's cold)

Walmart \$6.50



Black Gloves

(to wear when it's cold)

Walmart under \$5



Items Checked Out to Each Cheerleader (to be returned):

The following items may be picked up at Black Field during one of the in-person sign ups on:
June 10th/June 17th/July 15th all at 9:00am-12:00pm or July 20th 5:30pm-8:00pm

Shell

Skirt

Bow (you may keep)

Cheer Bag w/ Poms (3rd-8th only)

Warm-Ups (3rd-8th Only)

All cheer equipment must be properly cleaned and returned at one of the Cheer Equipment Return Days:
October 28th 10:00am-11:30am or October 29th 3:00pm-4:30pm

GRFL Cheer Parent Expectations

Get your cheerleader to practices and games on time

Encourage healthy nutritional habits at home

Respect the coaches

Make sure your cheerleader is dressed appropriately and has water

**Help your cheerleader maintain GRFL equipment and
make sure it is returned on time**

GRFL Cheerleader Expectations

**Be prepared by reviewing chants, jumps & stretching
at home during the week**

Have a positive attitude

Be on time to practices and games

Embrace healthy nutritional habits at home

Respect the coaches

Dress appropriately for practice (shorts, t-shirt, tennis shoes, hair up)

Wear complete uniform to games

Bring cheer bag & poms (tackle only)

Bring water to all practices and games

GRFL Cheerleader Dress Code

Practices

t-shirts, cheer shorts (no booty shorts), tennis shoes (no flip flops)
hair must be up, no jewelry (earring studs are fine)

Games

shell, bodysuit, skirt, briefs (lollies), white ankle socks, white tennis shoes
hair must be up, purple cheer bow, no make-up, and no jewelry



Please consider being a Coach, Assistant Coach, or a Team Parent for the
2017 GRFL Cheer Season.

We are always looking for volunteers who would like to be a positive
influence in the lives of our cheerleaders.

We would love to talk to you more about this opportunity.

Please contact the **Cheer Director, Kara Savage,**

at GRFLcheer@gmail.com for questions,

more info or how you can sign up.

GRFL Cheer Practice Locations

Greenville High School (Front Lawn)

111 N. Hillcrest, Greenville, MI 48838

