

Castleford COVID 19 Protocols for Practices & Games 2020-21

Castleford Rovers Soccer Club (CRSC) is focused on providing players, coaches, and families with a safe environment to enhance their soccer experience for the 2020-21 season. CRSC is implementing the following protocols at all soccer fields aligned with requirements established by the NY State Department of Public Health for sporting activities as well as guidelines from the Centers for Disease Control and Prevention for youth sports.

For players attending games or team practice sessions:

- Thoroughly wash and sanitize their hands before arriving at the field and have extra hand sanitizer with them in their bag. Also sanitize hands immediately after practice or games
- Parents verify the player's temperature is 99F or below, and that the player has no typical COVID-19 symptoms (coughing, loss of sense of taste/smell, fatigue, body aches, etc.) or is not feeling well at all prior to leaving for the field otherwise do not send your player to practice or game
- Bring 2 face masks (covering both nose and mouth) clearly labelled with their name, no sharing; wear the mask when not on the field of play.
- Bring their own water bottle clearly labeled with their name, no sharing
- Place their bag and belongings in designated areas 6 feet apart from each other.
- There will be no team bench for players, they can bring their own chair or sit on their bag in the designated seating area 6' apart
- Refrain from handshakes, high-fives, fist-bumps, hugs, or any other physical contact that involves proximity closer than 6 feet outside of supervised soccer drills
- Refrain from spitting and attempt to cover coughs and sneezes with a tissue or the inside of elbows
- Each player will be given their own pinnie to use for the season. They will be required to bring to each practice and wash after each practice.

Drop off and Pick up

- Absolutely no gathering of adults on the fields or entrances at pick up or drop off
- Only a masked Parent in Charge should be at the field during practice times
- When moving from drop off area to the team assembly area when leaving the field at pick up time players must wear their masks
- Parents or adult representatives dropping off or picking up must wear a face mask if they have to leave their car for any reason

For coaches and trainers:

- Coaches will check their own temperature and sense of taste/smell before each session; if temperature is above 99F or they have any typical COVID-19 symptoms (coughing, loss of sense of taste/smell, fatigue, body aches, etc.) or are not feeling well in any way, they will notify CRSC and the session will be cancelled if a replacement cannot be found in a timely manner
- Consistently use masks (covering both nose and mouth) for the duration of each game or practice session
- Each player will be given their own pinnie to use for the season to take home to wash after every practice.
- Always remain at least 6' away from the players. If that is not possible then the mask must be worn covering nose and mouth during a game or at practice.
- Any contact with a COVID positive person they will have to self-quarantine for 14 days
- Refrain from handshakes, high-fives, fist-bumps, hugs, or any other physical contact during each session

- Thoroughly wash and sanitize their hands before arriving at the field for games or practices and have extra hand sanitizer with them in their bag. Also sanitize hands immediately after practice or games

For Parent Chaperones:

- Masks must be worn upon arrival at the field and departure from the field
- Masks must be worn if the chaperone has to come within 6 feet of any player for any reason
- Thoroughly wash and sanitize their hands before arriving at the field for games or practices and have extra hand sanitizer with them in their bag. Also sanitize hands immediately after practice or games
- Chaperones must check their temperature and if it is above 99F, or if he/she has any of the typical COVID-19 symptoms (coughing, loss of sense of taste/smell, fatigue, body aches, etc.) or not feeling well in any way prior to leaving for the field, the chaperone must notify their team manager and try to arrange for a substitute chaperone; if one cannot be found, the session will be cancelled
- Will encourage social distancing guidelines during practices

If a player, coach, or PIC has traveled to a state that requires quarantine in the past 2 weeks from any given practice or game day, they will not be permitted to any practice or game until the 2 weeks quarantine period is up even if a negative covid result from a test is received during that time.

Players, players' parents, and coaches/managers are expected to report to their coaches, team managers or board representative any instance where they or a family member have suspected COVID-19 symptoms or where they have been in close contact with someone who has a confirmed case of COVID-19.