



# PCBA Colt & Pony Supplement 2021

*Updated February 12, 2021*

## Purpose

This Exhibit outlines the Palmyra Civic Baseball (PCBA) Team responsibilities and game rules that supplement those in the Babe Ruth/Cal Ripken Rule Book. The PCBA may modify their rules annually. It is the responsibility of each PCBA Coach, Commissioner and Board member to be familiar with these rules.

Rules will be distributed to coaches at all levels at the Draft meeting prior to the start of the season as well as direct them to the copy posted on the PCBA website prior to each season.

## Coach Conduct

It is important to allow the kids to make decisions and mistakes, thereby Coaches should attempt to minimize the amount of In-game technical instruction. The yell results in tentative players. There is an old baseball adage "Practices are for coaches, Games are for players". The time for instruction is before the play by asking where the play is or when they come off the field in a non-embarrassing, private and constructive manner. No child likes being yelled at or yelled to, in front of friends. Rather, take the opportunity when they come off the field to ask him "Do you know what you did wrong?"

Coaches shall lead their teams in compliance with all League Rules, policies and procedures. Failure to do so, especially when a Coach deliberately or willfully breaks League Rules, will be subject to immediate disciplinary action.

### Conduct Guidelines

- (a) The use of profanity is strictly forbidden.
- (b) Smoking and use of tobacco products in the dugouts or on the field of play is forbidden.
- (c) The use of physical force is forbidden.
- (d) Coaches are responsible for their players from the time they tell them to arrive until they are picked up after the practice/game.
- (2) The use of unsportsmanlike language or any unsportsmanlike conduct will not be tolerated.
- (3) Coaches are reminded that they are role models for their players and should conduct themselves accordingly.
- (4) Questioning an umpires' call in a civil and proper manner is permitted; however, arguing with and/or badgering the umpire will be considered unsportsmanlike conduct.
- (5) Sexual connotations by any member directed towards a player are strictly forbidden.

### Discipline Procedures

- (6) Discipline of Officers, Managers, coaches and players may result if they are in violation of any part of these By Laws.
- (7) Such discipline will be administered in accordance with By Laws Article IX, Section 2 and in accordance with the Coaches Agreement that is signed by every coach.
- (8) Discipline of players by coaches.
- (9) Discipline of players by Managers and coaches for various reasons may occur from time to time.
- (10) Discipline may not be excessive or abusive, and it must be administered fairly and without prejudice.
- (11) It is advisable to keep parents informed of all discipline.

If the discipline is limited to taking laps, doing pushups, etc it will be administered by the Manager or coach. If the discipline is to include loss of playing time, such discipline must be discussed with and approved by a league officer before being administered and the parent must be notified.



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## PCBA General Rules

### Coaching Clearances:

- All coaches must have BOTH criminal background clearance and child abuse clearance to help in any practice or game.
- All manager's must have both clearances on file with league office by April 1.
- All assistants will be required to have clearances on file with league office by Opening Day in order to be on the bench.
- It is the Managers responsibility to ensure that the staff meets all clearance requirements.

### Duties of the Home Team:

- The infield should be dragged, a batter's box lined, and the first and third baselines marked.
  - When Dragging the infield please DO NOT drag dirt into the grass. Keep drags away from grass.
  - The edge of the entire infield should be broomed back into the infield to prevent infield lips
- Bases should be secured in the appropriate location (60').
- Unless weather inhibiting, the field should be ready 25 minutes prior to game time so that each team can have 10 min for Infield

### Duties of the Visiting Team.

- Remove the bases and place in storage box.
- Drag / Rake the infield after the game
- Clean-up dugout areas and make sure all equipment is stored and shed is locked.

### Pre-Game: Warm-Ups (Field)

- Home team gets field for Infield for 10 minutes starting 25 minutes before the game
- Visitors get field for 10 minutes starting 15 minutes before the game
- If both teams cannot have 10 min to warm-up, NEITHER team shall take Infield warmups

### Pre-Game: Warm-Ups (Batting Practice)

- Only Batting Cages will be used for Pre-Game Batting Practice (No BP on the field prior to a game)
- Home team gets Batting Cage for 15 minutes starting 15 minutes before the game
- Visiting Team gets Batting Cages for 15 minutes starting 30 minutes before the game
  - A team arriving early may use the cages but must not impede on the allocated 15min slot noted above.

### Accidentally Thrown Bats

- FIRST and SECOND offense in a game – NO PENALTY
- All runners are returned to their base.
- The pitch will be considered a foul ball.
- THIRD offense in a game by same player – PENALTY APPLIED
  - (a) The coach will immediately call TIME and stop the play.
  - (b) The batter will be declared out.
  - (c) All runners are returned to their base.
  - (d) The offending player shall not be allowed to bat the rest of the game. They may continue to play defense.
  - (e) If their turn comes up again in the batting order, the batter will be skipped without penalty



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## Pony Division Supplemental Rules

- Games will consist of 4 innings or a max of 1 hour and 30 minutes.
- All players play every inning (put the extras in the outfield)
- All players play all positions with no player playing the same position for more than 1 inning in a game. ***Exceptions are for safety reasons only and must be discussed with the parent prior to the season***
- Players alternate starting at infield and outfield
- Infielders MUST play actual positions in the field and should be no closer to the batter than even with the bags.
- The player at the Pitcher and Catcher position MUST wear a helmet
- The catcher must stand back and out of the way of possible thrown bat
- No catcher's equipment will be used in 2021 (due to COVID concerns with sharing equipment)
- The entire lineup bats each inning.
- No score is kept in Pony Division
- There are no extra base hits (advance one base at most per hit)
- The last batter is NOT to run completely around the bases.
- A player cannot strikeout (everyone gets a hit)
- There is no sliding or stealing.
- If a player is thrown out on the bases, they are not permitted to remain on base and must return to the bench
- Tees shall be used exclusively for the first half of the season. For the second half of the season, it is suggested that teams switch to coach pitch for players that are ready.
  - After 4-5 pitches, the ball will be placed on the tee.
- Coaches are encouraged to be on the field with their team while on defense.
- **There shall be no practice swings allowed in the on deck area, bench or anywhere other than the batter's box**
- There are no umpires. The team coach will put the ball on the tee and the base coaches will ump bases.
- There is no requirement to makeup rainouts but all coaches are encouraged to re-schedule games
- No Bat Restrictions are in place for the Pony Division

## Colt Division Supplemental Rules

### Coach Pitch

- The first half of the season will be traditional Coach Pitch Games.
- All bats must be stamped with USABat marking. It is coach's responsibility to insure the enforcement of the bat rules.
- Games will consist of 4 innings or a max of 1 hour and 30 minutes.
- All players play every inning (put the extras in the outfield)
- All players Bat
- Infielders MUST play actual positions in the field and should be no closer to the batter than even with the bags.
- The players playing the Pitcher and the Catcher positions MUST wear a helmet
- The catcher must stand back and out of the way of possible thrown bat
- No catcher's equipment will be used in 2020 (due to COVID concerns with sharing equipment)
- The coach shall throw from NO Farther than 40ft (in front of mound) and throwing from a knee is encouraged.
- The last batter is NOT to run completely around the bases.
- After 6 pitches, the coach should soft toss. After 3 soft toss attempts, a tee should be used.



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- **Base Running**

- There is no stealing. There will be no leading, stealing or advancing on balls past the catcher or on overthrows back to the pitcher. Runners are allowed to lead off the base once the ball reaches the batter to begin training the players how play at upper levels.
- Runners may advance on safe hits to the outfield, until the ball is under control by a player who is on the infield dirt.
- Runners between bases at the time the ball is brought under control in the infield may only attempt to advance to the next base or retreat to the previous base and are at risk of being put out. (It does not matter if are half way or not.)
- If two runners are between the same two bases and entitled to the same base per this rule, the base will be awarded to the lead runner and the trailing runner will be place one base back.

- **Sliding**

- Sliding will be permitted with the exception of 1st base. Emphasis should be placed on sliding as a means to reduce injury and the potential for collisions.

## Kid Pitch / Coach Pitch

- The last 4 games of the season will be combination Kid Pitch / Coach Pitch
- USABats are required. It is coach's responsibility to insure the enforcement of the bat rules.
- Games will consist of 6 innings or a max of 1 hour and 45 minutes.
- A half inning ends when there are 3 outs or 4 runs are scored.
- Field 10 players on defense (with 4 outfielders)
- A maximum of 3 defensive coaches are permitted on the field (one positioned behind home plate to retrieve passed balls and two a minimum of 10 feet into the outfield grass behind SS & 2nd baseman)
- One offensive coach is permitted on the field of play (to be positioned directly behind the pitcher) and will be responsible for calling balls and strikes and all outs.
- Equal play time and position rotation is of utmost importance. Specifically:
  - The entire lineup bats.
  - Batting should pick up about where it left off from game to game.
  - The goal is to have an equal number of at bats for all players and avoid batting the same players first.
  - No player shall sit more than 1 consecutive inning. The strongest players shall also sit.
  - No player shall start on the bench more than 1 consecutive game.
  - Where appropriate, Players alternate starting at infield and outfield
  - Every effort should be made to provide experience to all players at all positions; however, player safety will be of highest priority and positional assignments will be at the discretion of the head coach.
- **Scoring**
  - Score will only be kept to limit a team to 4 runs per inning. No Standings will be kept.
- **Sliding**
  - Sliding will be permitted with the exception of 1st base. Sliding into 1st base will be result in an out. Emphasis should be placed on sliding as a means to reduce injury and the potential for collisions.
- **Pitching:**
  - Pitching distance is 40ft from the back of the plate and no closer. If a player cannot throw the distance, they may not pitch due to safety reasons. Coaches may pitch closer, but not less than 30 feet.
  - A player may pitch no more than 2 innings or 50 pitches per 5 days. Balls and strikes must be recorded as well as pitch count.



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- At four balls, the coach pitches (the strike count carries to the coach). The player is out on the 3rd strike
- If a pitcher hits 2 batters, they are done pitching for the day.
- There are no walks. Exceptions permitted for hit batters that are afraid to continue.
- At 3 strikes the batter is out (player and coach pitch total).
- The strike zone is from shoulders to the middle of the shins and 3" each side of the plate. Players should be encouraged to swing.
- All innings of the last half of the season will be kid pitch unless a team does not have adequate pitching, at which time a coach will pitch.
- **Coaches may agree to alternate rules for last inning** (example: every kid gets to hit the ball the last inning)
- **Base Running**
  - There is no stealing. There will be no leading, stealing or advancing on balls past the catcher or on overthrows back to the pitcher. Runners are allowed to lead off the base once the ball reaches the batter to begin training the players how play at upper levels.
  - Runners may advance on safe hits to the outfield, until the ball is under control by a player who is on the infield dirt.
  - Runners between bases at the time the ball is brought under control in the infield may only attempt to advance to the next base or retreat to the previous base and are at risk of being put out. (It does not matter if are half way or not.)
  - If two runners are between the same two bases and entitled to the same base per this rule, the base will be awarded to the lead runner and the trailing runner will be place one base back.
- **Practice swings by the On deck batters are not permitted. Most injuries in youth baseball are teammates hit by bats.**
- There is no requirement to makeup rainouts but all coaches are encouraged to re-schedule games