

Players and Parent/Guardian Guidelines

Covid-19 Spring 2021



Updated 04/08/21

Player and Parent/Guardian Responsibilities

Before Practice or Game:

- Complete Covid Screening - All parents/guardians will be responsible to send their player to practice based on the "CYS COVID Check-in" before EACH practice and game, including checking the players temperature
 - If any responses are "YES", the player should not attend the practice or game
 - If any responses are "YES", the player will need clearance from CYS to return to play
- Players must remember to bring to practice:
 - Labeled Water bottle
 - Mask they are wearing and an extra mask
 - Only face coverings that secure with loops around a player's ears are acceptable. "Gaiters", bandanas and valved masks are not allowed to be used during games or practices.
- Each player or their responsible adult will be required to complete the CYS Covid Check-in upon arrival at practice
 - If the answer to any question in the form is "YES", the player will not be allowed to participate that day, and will have to be cleared by CYS before returning to play

During Practice or Game:

- There will be a designated "equipment area" next to the field where players can leave their belongings and maintain the 6 feet of social distancing
- Players and coaches will continue to social distance while possible and wear their masks
- During games, players on the sidelines will practice social distancing at all times
- Players other than the goal keeper will not touch the ball or equipment with hands

After practice or games:

- CYS games will not include post-game hand-shake
- Players will promptly gather their belongings and any trash and exit the field while continuing to practice social distancing

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Modified Rules

- **Intentional contact** is considered a violation of Law 12, Playing in a Dangerous Manner, and will result in an indirect free kick in a game and cannot be allowed in practice. Intentional contact consists of “shoulder to shoulder” contact, backing into a player, and pulling an opponent's shirt, shorts, or mask.
- **Unintentional Contact:** A player is allowed to make intermittent and/or unintentional contact with opposing team members if the contact is the result of an attempt to possess the ball through a legal leg tackle.
- **Ground Play/Slide Tackling** have been suspended and will be considered a violation of Law 12, Playing in a Dangerous Manner, and will result in an indirect free kick. This does not include sliding to save the ball from going out of bounds or intercepting a pass if no player is within 6 feet.
- **Heading the Ball** is no longer a legal part of the game for all ages. It is now a violation of the IFAB Law 12, Playing in a Dangerous Manner and will result in an indirect free kick.
- **Out of Bounds:** If the ball goes out of bounds, no player or referee should touch the ball with their hands. The ball should be placed where it will go back into bounds, with the person's foot, not hands. If hands are used, the ball will need to be removed from play and sanitized.
 - **Throw-ins:** Throw-ins as defined by IFAB Law 15 are suspended. Instead, the ball will return to play via an indirect free kick on the touchline where it went out of bounds. Players will pass the ball in on the ground (ball must roll).
 - **Corner Kicks:** Corner kicks as defined by IFAB Law 17 are suspended and replaced by an indirect free kick from the corner. Players will pass the ball in on the ground (ball must roll).
- **Drop Kick:** Drop kicks as defined by IFAB Law 15 are suspended. An indirect free kick will replace the drop ball. The referee will give possession to the team they deem had possession prior to the stoppage.
- **Hygiene behavior:** No one is allowed to spit, clear/clean their nose, or use a glove to clear/clean their nose during practices or games. If it is necessary, they may isolate and use their own disposable tissue, and place immediately in the trash receptacle.

Equipment

Masks:

All of the CYS Community is required to wear a mask at all times. This includes players, on the playing field, while playing. Players masks must include ear-loops (no bandanas or gaiters). Valved masks are not allowed for players or spectators. Upon arrival, all players should be wearing a mask. They will also be reminded to bring extra masks to all practices and games.

Only face coverings that secure with loops around a player's ears are acceptable. Face coverings must be worn when a player steps onto the playing field. “Gaiters” are not allowed to

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be used during games or practices. Masks must cover both the nose and mouth, and secure to the face via ear loops.