

# ISLAND TREES SOCCER CLUB – RETURN TO PLAY

## EASTERN NEW YORK YOUTH SOCCER ASSOCIATION and Its Participating Leagues

### RETURN TO SOCCER ACTIVITY GUIDELINES



State Association

EFFECTIVE JULY 6, 2020 - NEW YORK STATE - PHASE 3 - RECREATIONAL ACTIVITIES RESUME				
US SOCCER PLAY-ON PHASES				
NYS REGION - PHASE 3 PROJECTED START DATE	US SOCCER PHASE I START DATE as per NY State Guidelines	US SOCCER PHASE II EARLIEST START DATE	US SOCCER PHASE III EARLIEST START DATE	US SOCCER PHASE IV EARLIEST START DATE
*NEW YORK CITY – JUNE 24	JULY 6	JULY 27	AUGUST 17	TBD
*LONG ISLAND – JUNE 24	JULY 6	JULY 27	AUGUST 17	TBD
*MID HUDSON – JUNE 24	JULY 6	JULY 27	AUGUST 17	TBD
*CAPITAL DISTRICT – JUNE 17	JULY 6	JULY 27	AUGUST 17	TBD
*MOHAWK - JUNE 12	JULY 6	JULY 27	AUGUST 17	TBD
*NORTH COUNTRIES - JUNE 12	JULY 6	JULY 27	AUGUST 17	TBD
*SOUTHERN TIER – JUNE 12	JULY 6	JULY 27	AUGUST 17	TBD
<b>US SOCCER PLAY-ON</b> Structure for a gradual approach to return to play	<ul style="list-style-type: none"> <li>✓ State/Local Regulations Lifted</li> <li>✓ Small Group Training as per <a href="#">USS Play On Phase I Guide</a> (p14)</li> <li>✓ Max of 9 Players/1 Coach</li> <li>✓ Maintain Social Distancing</li> <li>✓ COVID-19 Prevention Protocols in place</li> <li>✓ No Competitions or Tournaments</li> </ul>	<ul style="list-style-type: none"> <li>✓ Full Team Training Allowed</li> <li>✓ Limited Small-Sided Games and Set-Play Activities as per <a href="#">USS Play On Phase II Guide</a> (p.15)</li> <li>✓ Continue Social Distancing with limited exceptions</li> <li>✓ COVID-19 Prevention Protocols in place</li> <li>✓ Allow 3 weeks for COVID-19 Tracking Purposes</li> </ul>	<ul style="list-style-type: none"> <li>✓ Full Team Competitions</li> <li>✓ Continue COVID Mitigation Strategies</li> <li>✓ Consider only local and single day competitions</li> <li>✓ Large events guided by local government</li> </ul>	<ul style="list-style-type: none"> <li>✓ <i>NO Restrictions</i></li> <li>COVID-19 is no longer a public health concern and there are no restrictions issued by State/Local Government</li> </ul>
<p>*Effective July 6, 2020 in regions that have reached or surpassed Phase 3 of the state's reopening and in accordance with the NYS Dept of Health Interim Guidance for Sports and Recreation, participants in lower and moderate risk sports and recreation activities, may partake in play.  <b>No soccer activity before July 6<sup>th</sup>. After July 6<sup>th</sup> US Soccer Phase I can be implemented.</b></p>				

#### Club Responsibilities:

- Communicate return to play protocols and update club members regarding any changes.
- Educate coaches regarding return to play protocols.
- Provide adequate field space and ensure teams are maintaining to state social distancing guidelines.
- Be sensitive to players and families that do not yet want their child participating in group practices.

#### Coach Responsibilities:

- Follow return to play protocols. Any questions should be directed to age group commissioner or Board member.
- Be sensitive to players and families that do not yet want their child participating in group practices.
- Ensure all players are using their own equipment. No sharing of any equipment; including but not limited to soccer balls, water bottles, shin guards, jerseys.
- Only the coach should handle cones or any equipment used for practice.
- Ensure social distancing is maintained.
- Be mindful of player health. If a player does not feel well, they should not practice and go home.
- Notify club if any players become ill.

### Parent Responsibilities:

- If you are uncomfortable with your child participating, they do not have to.
- Check your child's temperature before going to practice.
- Player's clothes and equipment should be washed/sanitized after each practice.
- Notify coach if your child becomes sick. Coach will notify club.
- Stay in car when dropping off and picking up to adhere to social distancing guidelines.
- Be sure that your child has plenty of water, sharing will not be allowed.

### Player Responsibilities:

- If you are not comfortable returning to play, do not practice.
- Wash hands thoroughly before and after practices.
- Do not share water or other equipment.
- Maintain social distancing
- Place your belongings (bag, sweatshirts etc.) at least 6 feet from other players belongings.
- No high fives, handshakes or group celebrations.