

Little League Pitching Rules

<https://www.littleleague.org/playing-rules/pitch-count/>

Pitch Count Limits

League Age	Pitches Allowed Per Day
11-12	85
9 - 10	75
7 - 8	50

Pitch Count and Required Rest Limitations

Age	Daily Max (Pitches)	Required Rest (Pitches)	Required Rest (Pitches)	Required Rest (Pitches)	Required Rest (Pitches)	Required Rest (Pitches)
		0 Days	1 Day	2 Days	3 Days	4 Days
7-8	50*	1-20	21-35	36-50	N/A	N/A
9-10	75*	1-20	21-35	36-50	51-65	66+
11-12	85*	1-20	21-35	36-50	51-65	66+