

Emergency Action Plan Gosling Sports Fields

Woodlands Youth Rugby Club has a written emergency action* plan that should be followed in the event of a medical emergency at Gosling Sports field.

All Staff should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the team physician or athletic trainer.

An emergency is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the team physician, athletic trainer, coaches, and administrators be effective.

This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

Situations when 911 should be called are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or suspected heat stroke
- Severe bleeding that cannot be stopped

<p>Chain of Command</p> <p>TEAM PHYSICIAN</p> <p>LICENSED ATHLETIC TRAINERS</p> <p>HEAD COACH</p> <p>COACH1</p> <p>COACH2</p> <p>OTHER</p>
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The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed:

**Emergency Action Plan derived from Texas Children's Hospital Emergency Action Plan for Gosling Sports fields.*

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1. The Leader will stay with the athlete to Monitor the athlete's condition and administer necessary first aid. If possible, (Head Coach) should also stay and assist.
2. The Leader will make the call to EMS or will designate (Head Coach) to make the call.

(911 from a cell phone) EMS should be told what the emergency is, the condition of the athlete and how to get to where the athlete is. Let them know that someone will meet them at the entrance to direct them to the athlete.

Give the address to Gosling Sports Fields: 4055 Marisco Place and note that the ambulance entrance will be at the concession pavilion located near the intersection of Marisco Place and Hidden Trail.

DO NOT HANG UP UNTIL EMS HANGS UP FIRST!

No landline phones are available at the facility. The cellular phone numbers of the chain of command to be attached.

3. Once 911 is activated, runners should report to the entrance of the park and to the parking area closest to the field to direct the ambulance to the athlete. The runners should stay in their positions and wave ambulance through the proper turns to get to the athlete. (Coach 1). (Coach 2 to assist and provide any needed crowd control)
4. (Other) will gather needed equipment as directed by leader. All medical equipment, including AED, will be located on the sidelines with the teams.
5. (Other) will attempt contact with athlete's parents. Emergency contact information can be found on the sidelines with coaches, physician, athletic trainer, and designated individual will have access to at all times.
6. If transport is deemed necessary by EMS, the athlete will be take to to nearest Hospital Emergency room or Representing Trainers Hospital Emergency Room unless the parent requests otherwise. If a parent is not present, a coach or other adult associated with the club (head coach to assign) should accompany the athlete to the hospital with the appropriate medical forms.

