



DE LA SALLE HOOPS FALL ADVANCED SKILL DEVELOPMENT

This is a great opportunity to come learn from the De La Salle



Basketball coaching staff and former players. These workouts are designed to help get individuals ready for their upcoming season. We will be teaching a wide variety of drills that are designed to help experienced/advanced players

improve their skills! Workouts will be high intensity.

What Will We Cover?

Advanced Ball Handling

Advanced Passing

Shooting (Catch and shoot, off the move, and off the dribble)

1 on 1 moves

Finishing

Post Moves

Footwork



SIGN UP TODAY AT

<https://www.dlshs.org/athletics/camps-clinics>

**Session 1:
September 10, 17, 24,
25**

**Session 2:
October 1, 8, 15, 22**

Boys Grades 6-8

7-8:15PM

**\$80 For One Session
\$140 For Both
Sessions**

DE LA SALLE HIGH SCHOOL

1130 Winton Drive
Concord, CA, 94518

For More Information
Please Email
Coach Argenal at
argenalj@dlshs.org