

Springfield Babe Ruth League Guidelines

1. All local & state health official guidelines must be followed.
2. All players must have a signed waiver on file with SBRL before they can play.
3. Cleaning supplies, as well as hand sanitizer, should be available in the dugout area. Also, hand sanitizer stations should be set up in locations around the park. Players are encouraged to bring their own sanitizer.
4. Parents should be advised to have backup supplies in the player's equipment bag for use when needed and their own marked water bottle or sports drink. No team or dugout coolers are permitted.
5. The number of fans should be limited to two spectators per player attending games in the park. Fans attending games should follow 10' social distancing guidelines at all times. Fans are encouraged to bring their own chairs. Fans must adhere to this distancing requirement. We have been advised by Fairfax County that failure to follow CDC and Virginia State guidelines may result in the loss of our permits to play.
6. All Managers & Coaches will be familiar with these guidelines and will educate their players on the suggested guidelines for hygiene/handwashing/touching of the face.
7. The manager shall maintain a list of all players who attend a game or practice.
8. All players should have their temperature taken prior to coming to the ballpark. If the player's temperature is 100.4° or higher, the player should remain at home. Also, if they have any illness or symptom of COVID-19, they should remain at home. This should be reported to the coach and, further, the player shall not play for 72 hours. Fans should also remain at home if they have a temperature of 100.4° or higher or any other symptoms.
9. Teams should be advised to clean out and wipe down dugout or other field areas prior to leaving the playing field.
10. All participants should wear some type of face covering while at the park. This includes umpires, players, coaches, scorekeepers, etc. If a player chooses to wear additional PPE, they may do so as long as it does not compromise the safety of other players. Players may wear masks while in the field. Plastic face shields covering the entire face shall not be used by players in the field.
11. Only two players MAXIMUM in the dugout at any time, while also following 10' social distancing guidelines at all times. Remaining players & coaches will be positioned down the left & right field lines away from throws that might come to 1st and 3rd base (behind fencing where possible). Players may bring their own

chairs. Players will be seated or stand no less than 10' apart and must have at least one person (the "COVID coach") to watch over players in this area at all times. Equipment bags must also meet the distancing requirements.

12. Players should limit any sharing of playing equipment, bats, gloves, fielder's mask, catcher's gear, helmets, water bottles etc. Baseballs should be cleaned whenever possible and an adequate supply should be on hand. Sharing of water bottles is absolutely prohibited. If equipment (e.g., a bat or a helmet) is shared, it must be sanitized between use.

13. The use of candy, chewing gum, and/or sunflower seeds is not permitted by players, coaches, umpires, or spectators.

14. No handshaking/celebrations: Players and coaches should refrain from handshakes, high fives, fist/elbow bumps, chest bumps, hugs, group celebrations, etc.

15. Pregame conference will be limited to one Coach per team and the Umpires. Social distancing of 10' is required.

16. Batting lineup changes should be limited to communicating from a distance that maintains the 10' social distancing guidelines at all times.

17. Each team will be responsible for its own baseballs. It is recommended that each team have 3 new balls available at game time.

18. New baseballs shall be thrown in from the defensive team dugout (not from the umpire). At the end of each half-inning, the ball will be returned to the defensive team dugout where it will be sanitized. Foul balls shall be retrieved by the defensive team and returned to the defensive team dugout.

19. The game ball shall not be thrown around the infield at any time. Warm up balls shall be sanitized after use.

20. Normal baseball closeness/contact (e.g., holding a runner on base or the catcher setting up behind the batter) is considered "incidental contact" and is permitted.

21. Pitchers shall not go to their mouths at any time. If they do, they must sanitize their hands before they resume pitching. Furthermore, the ball must also be sanitized.

22. Umpires should not touch equipment. If a bat must be moved, the umpire should use a foot to kick it out of the way. If umpires do have to touch equipment, they should sanitize their hands immediately.