

Division: \_\_\_\_\_  
 Date: \_\_\_\_\_

## LAGUNA YOUTH BASEBALL Baseball Pitch Count Log

Exception: If a pitcher reaches a maximum number of pitches or day(s) of rest threshold while facing a batter, then the pitcher may continue to pitch until that batter reaches base, the batter is retired or the third out is made to complete the half inning.

Team	Pitcher's Name	Uniform Number	X = Cross out the number as that pitch is thrown.																																Total Pitches	Days Rest Required	Mgr Initials	
			O = Circle the number for the last pitch thrown in each half-inning																																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32				33
			34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66			
			67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99			

Pitching Restrictions				
Division	Daily Max (pitches)	Required Rest (Pitches)		
		0 Days	1 Day	2 Days
AA	50	1 to 20	21 to 35	36-50
AAA and Minors	75	1 to 40	41 to 65	66+
Majors	85	1 to 40	41 to 65	66+

The gray boxes above indicate "Max Pitches" per gam thresholds