

# ORYA Rec Soccer Rules - U6



- **Ball Size:** 3
- **Length of Game:** Four 8-minute quarters, 3 minute break between quarters.
- **Number of Field Players:** 4 per team (4v4). There are no goalies in the U6 division. Players may defend the goal during the normal course of play, but coaches should not position any player in the goalie box to serve in the capacity of a goalie.
- **Number of Field Players Required to Start Game:** 3 players per team. Each team must start play with equal numbers.
- **Substitutions:** May only be made between quarters. Injury substitutions are allowed during play.
- **Player's Playing Time:** A coach must play each player a minimum of two quarters each game.
- **Field:** Sides of the field are changed at half time.
- **Goal Size:** 4 X 6 feet
- **Shin Guards:** Required
- **Uniform/Apparel:** No jewelry or hard ponytail holders or hard headbands can be worn. Players may wear soft gloves, hats (without bills), long sleeve shirts under the jersey, and long pants during the cold. Coaches may specify the color of shorts or socks.

## Coaches

- Only the coach and the assistant coach are permitted to give instructions to the players.
- Coaches are not permitted to stand behind the goal to give instructions to his or her team.
- In the U6 Division coaches can come onto the field at the appropriate times to help line up players and help explain the nuances of the game.

## Parents & Spectators:

- Teams are to sit on opposite sides of the field (home and away) as designated by the game schedule.
- Parents and spectators are not permitted to stand behind the goal to give instructions to the team or to his or her child.

## Age Specific Rules

- During goal kicks the opposing team must retreat to half field until the ball is kicked into play.
- All restarts are taken with a kick-in. **No throw-ins** are taken.
- No offsides.
- All fouls result in an indirect free kick. (There are no direct free kicks.)
- Slide tackling is not permitted.
- Kickoff: Kickoffs must begin with a pass. The first touch of the ball cannot result in a goal.
- No heading of the ball is allowed.
- All other rules abide by FIFA Laws of the Game.

## Officiating

- One referee per game.
- Both coaches can be on the field when needed.
- All rules infractions shall be briefly explained to the offending player.
- Players will be given second chance opportunities when appropriate.