

## **EYBS Local League Girls Coach Pitch Playing Rules Age 4-5-6**

### **Equipment:**

1. 11 inch Safety soft softballs will be used for practices and games.
2. Coach Pitch tees and throw down bases must remain at the fields at all times. No coach, assistant coach, or parent may take the bases or tees home without written permission from the board.
3. Coaches may use all equipment for practice on a first come first serve basis.
4. Batting helmets with full faceguard must be used at bat and as a base runner.
5. Catchers must wear a batting helmet with faceguard behind the plate.
6. Pitchers must wear batting helmet with faceguard while playing the pitching position.
7. Metal cleats or metal spikes are not permitted by any player, coach, or parent.
8. An 11 ½ to 12 ½ inch glove is recommended to field the ball.

### **Pitching:**

1. Pitchers must wear batting helmet with faceguard while playing in the pitching position.
2. Each team has one pitcher and four plus outfielders along with a normal defense. Please place your more skilled players at the pitching position. Better safe than sorry.
3. Pitchers need to pay attention.

### **Batting:**

1. Every player on the team bats, (bat the full roster).
2. Batters, base runners, and batters on deck must wear a batting helmet with a facemask.
3. Coach has the option to use a Tee or pitch to their player. Coach Pitch can get boring at times for players in the field. Having a team stand around while a player attempts to hit a live pitch, only makes it worse, try to keep the game moving and the players busy. If a player can not hit live pitches use a Tee. If the coach decides to pitches to a player, the player gets a maximum of 3 pitches then a Tee should be used to keep the game moving. Batter cannot strike out, No walks, No Bunting.
4. A coach from the offensive/batting team must either pitch to their own team or be in the batting area during game time to assist their players in adjusting the tee and giving coaching tips. It is the same coach's responsibility to remove the tee when a player is advancing to home. Extra coaches or parents that have completed a back ground check can help coach in the field during the game.
5. The batter and all base runners will be awarded one extra base if a defensive/fielding coach interferes with a hit ball.
6. Batter may not throw a bat. The first occurrence, the batter will receive a warning. Any succeeding occurrences by the same batter, the batter shall be called out and declared a "dead ball" no runners may advance.

### **Base Running:**

1. Bases will be placed at 50'. First mark from home plate.
2. Base runners, batters, and batters on deck must wear a batting helmet with a faceguard.
3. No steeling is allowed in Coach Pitch.
4. There will be No head first sliding at practice or games. The runner will be out if a head first slid takes place. Diving back head first to a base is allowable.
5. No leading off, the runner must stay on base until the ball has been hit.
6. Outs are "honored" but will not shorten the inning, teams will continue batting through the roster. If batter hits the ball and is thrown out at first then the batter retires to dugout but play continues until all players have batted.
8. When the defense gets the ball to the infield please stop runners.
9. Runner gets one base on overthrow.

### **Substitution**

1. All players will play in the field when the team is on defense (no player should be sitting on the bench unless for disciplinary reasons). The infield shall be limited to the normal positions. All other player must be in the outfield.
2. Every player will be included in the batting order. A player arriving after the start of the game will be placed at the end of the batting order.
3. Coaches are allowed free substitution throughout the game. Furthermore coaches are required to move players around to different positions during the course of the game.
4. During the course of the season, each player should be given the opportunity to play the widest range of infield and outfield positions possible. At least 1/3 of each players playing time should be spent playing in the infield. However player safety and confidence must be given consideration in making position assignments (i.e., catching and first base).

### **General**

1. Home team is responsible for setting up and putting away bases and Tees.
2. Games will be played within 1 hour time limit or 6 innings, whichever comes first. Games can be shortened due to cold weather or high winds providing both coaches agree.
3. Each half inning consists of batting through the lineup/roster.
4. Outs are "honored" but will not shorten the inning, teams will continue batting through the roster. If batter hits the ball and is thrown out at first then the batter retires to dugout but play continues until all players have batted.
5. Any parent or coach that has regular contact with the children must pass a back ground check (provided by the league) before assisting with the players.
6. All adult coaches or parents that have completed a back ground check can help coach in the field during the game.
7. Game is umpired by coaches and volunteers in the field.
8. Home team sets up on 3<sup>rd</sup> base dugout.

9. Home team takes the field first.

10. Please control your bench area so no accidents occur.

11. Games cancelled due to weather such as rainouts will be cancelled by the league official. The league official will decide at 4:30 if a game is to be canceled. In case of game cancellation an email and text message will be sent out immediately to all players and coaches that have supplied EYBS with an email address and phone number (registration software).

12. Absolutely NO tobacco products will be allowed on the playing fields, in the dugouts or the fan's seating area at anytime (play or practice).

Please control your bench area so no accidents occur.

Please make sure all litter is picked up before your team leaves your bench area.

Please make sure if you are the last team to leave the field that you lock up the equipment trailer when you leave.

Children love to play with padlocks. When you first unlock the trailer for use please lock the padlocks back on the trailer so that they will still be there when you get ready to close down the field.