

## KINO BASEBALL LEAGUE + SUN BELT COLLEGE LEAGUE

### COVID19 SAFETY AND HEALTH PRACTICE PLAN

#### “COACHING PRACTICE POINTS”

The following are excerpts from the league’s main COVID19 safety and practice plan that are emphasized points of practice and reminders. Please understand the entire plan is a living document and changes can be made at any time.

#### 1. SELF ASSESSMENT/EVALUATION OF SYMPTOMS BEFORE YOU COME TO THE PARK

- a. If you have any of the CDC identified symptoms—**STAY HOME**.

#### 2. ATTENDANCE is required to be take of all players and coaches present at a practice or game

- a. Develop a form that includes each player and coaches name, and it is recommended you have each individual phone number and email address listed---this way if we need to use as part of contact tracing assistance for the county health department we have this information to provide.
- b. Maintain the attendance record for up to 3 months after the season has been completed (October 31, 2020).

#### 3. PHYSICAL DISTANCING:

- a. In the safety/health plan there is a section on setting up “pods” stations when conducting practices with players.
- b. You can talk to anyone without a face covering as long as you are six feet away from the group or individual.

#### 4. MONTORING/RESPONSIBILITY OF TEAM:

- a. **Assign either an assistant coach or a parent to monitor** the implementation of the plan that will involve interacting with players, coaches that are not following the best safety and health practice plan, i.e. physical distancing, no spitting, not wearing face covering when required in the dugout, etc.
- b. Remind players to wash hands often and to wipe down equipment after use.
- c. No spitting, seeds, gum, etc. This is a behavior change and it is not going to happen overnight, if at all, but due diligence of reminder is important and gradually the behavior will improve.
- d. Remind players not to put fingers to their mouth. Pitchers are permitted to have a damp cloth towel in their back pocket so they can use if they need to grip the ball or wash their hands down.
- e. Individual equipment is not be shared among players or coaches.
- f. **Notify the league immediately if any member of your team tests positive for COVID19.**

#### 5. HYGIENE/HYDRATION:

- a. Bring a cooler to each practice and game with ice and extra water—there will be no concessions so there is no access to get ice. Recommend getting some sandwich bags and filling up with ice.
- b. Provide face covering
- c. Provide hand sanitizer or container/jug of soap and water with cloth or paper towel to wash hands periodically.
- d. Recommendation: Provide spray bottle with soap and water concentrate and a spray bottle strictly with water along with a cloth or paper towel. Recommend couple squirts of soap/water in a towel and wipe the baseball, then with a separate towel “squirt” water to wipe off any residue. Do not use disinfectants—we do not wish to have players touch the ball and then put their fingers to their mouth.

#### 6. WHEN TO WEAR FACE COVERING:

- a. **When physical distancing requirement cannot be met.**
- b. Required while in the dugout with players and coaches
- c. Required when on the coaching lines.
- d. Required anytime you come out the dugout to discuss a play with the umpire.
- e. Required when you go to the mound to visit the pitcher or any defensive conference.
- f. Required when conducting an offensive conference with a hitter or base runner.
- g. Required when you attend to an injured player.

**7. BASEBALLS:**

- a. Required: When team is on defense you will provide three (3) good condition baseballs. Team to start the game on defense is to give the umpires at the home plate meeting three (3) game baseballs.
- b. Required: After the inning is over wipe down the baseballs as outlined in #5.
- c. Required: Do not mix game baseballs with practice baseballs.
- d. Required: Practice baseballs are to be wiped down periodically and after practice as been completed before putting into the bucket.
- e. Required: Foul Balls: Each team will be responsible for shagging down foul balls that go out of play. Ball that is returned to the defensive team is to be wiped down before it can go back into play.
- f. Required: Wash hands when handling baseballs.
- g. NOTE: This practice is not going to micro-managed by the league, umpires or any other official. It is a required practice that displays sound health management and care for all players and coaches.

**8. BATTING ORDER/LINE UP CARD:**

- a. Line up cards are not permitted to be exchanged with the umpire, opposing team coach or official game scorer.
- b. Required: A copy of the game line- up card is to be put on a either a clip or white board and is clipped to an area on the backstop (near your dugout) as a reference for the official scorer, opposing team and umpires in the event there is discussion during the game required.
  - i. EXCEPTION: College League will have assigned official scorers therefore the clipping of the line - up card on the backstop is not required.
- c. For substitutions: Required verbal announcement to the opposing team, official scorer and you make the change on your line- up card that is posted on the backstop.

**9. IN-BETWEEN INNINGS:**

- a. No huddling with players as they come off or getting ready to go onto the field.

**10. POST GAME:**

- a. No hand- shakes, fist pumps or any physical contact with players and coaches.
- b. No team meetings permitted on or off the field after the game. Pick up equipment, dispose of trash and leave the park.
- c. No loitering in common areas.

We are in usual times and it requires measures that we need to adapt to the best of our ability. Time management is going to be important on how you can handle these practices. The “awkwardness” of all of this is knowing that it will end. Possibly during this season, we may be able to relax some of these practices depending on the stages that federal, state and county officials determine.

Please do not hesitate in reaching out to the league for any questions or clarifications.

Web sites: Plan is posted at [www.kinobaseball.com](http://www.kinobaseball.com) and [www.sunbeltcbl.siplay.com](http://www.sunbeltcbl.siplay.com) web sites under the “Policy” menu tab.

Effective: 6/11/2020

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