

# Carver Girls Softball (CGSB)

## COVID-19 Guidelines

*These guidelines are intended to ensure the safety and welfare of our Carver Girls Softball players, coaches, team volunteers, and spectators or families. These guidelines will remain in effect until the Commonwealth provides amendments to the existing state guidelines, creates new guidelines, or has determined they are no longer necessary.*

*This document was developed using the current [Massachusetts Executive Office of Energy and Environmental Affairs WORKPLACE SAFETY and REOPENING STANDARDS FOR BUSINESSES and OTHER ENTITIES PROVIDING YOUTH and ADULT AMATEUR SPORTS ACTIVITIES – Phase III, Step 1 Guidance, Amended on January 22, 2021.](#)*

*By signing this document, you are indicating that you have read, understand, and agree to follow the COVID protocols as outlined below and that you acknowledge that the specific items included herein may change as state guidelines are adjusted.*

## COVID-19 Guidelines

### General

1. Any players, coaches, volunteers, or spectators that are not feeling well or have any CDC identified COVID-19 symptoms (e.g. fever, loss of taste or smell, headache, sore throat, cough) are not allowed to attend practices or games until symptom-free for a minimum of 24 hours or until a negative COVID test result can be provided to the CGSB Board of Directors.
2. To ensure the safety and well-being of others and to assist with any contact tracing, all players, coaches, and volunteers must notify the CGSB Board of Directors in the event of a positive COVID test. *All efforts will be made to maintain privacy.*
3. All participants will: (1) wear face coverings at all times, (2) practice proper social distancing (maintain at least 6 feet separation), and (3) maintain proper hand hygiene.
4. Umpires will wear a face covering at all times and will maintain social distancing (6 feet) from all players, coaches, volunteers, and spectators.
5. No more than 25 players can be on any surface or playing area at any one time.
6. No more than 50 people, excluding players, coaches, team volunteers, umpires, and staff can be on any surface or playing area at any one time.
7. All participants should not congregate on or near the field of play or in the parking areas following practices and games.

### Players

1. All players must wear a face covering (mask or gaiter) at all times.
2. Players should refrain from the following: (1) team huddles, (2) high fives, (3) fist or elbow bumps, or (4) any other type of physical celebration contact. Teams are encouraged to develop other ways of congratulating each other and the opposing team(s).
3. Players should have their own bottle of hand sanitizer at all practices and games and should sanitize hands when returning to the dugout or bench from the field or play.
4. Players are not allowed to share any food or drink during practices or games.
5. Players are not allowed to consume items with seeds or any food that encourages spitting.

# Carver Girls Softball (CGSB)

## COVID-19 Guidelines

### Coaches & Volunteers

1. Coaches and other adult team volunteers must wear face coverings at all times.
2. A maximum of one coach is allowed to visit the pitcher at a time. When that coach visits the pitcher, all other players should stay outside the pitching circle and maintain a six (6) foot distance from each other.
3. Coaches should ensure that players remain at least six (6) feet away from all other players and adults at all times. This includes during practices, pre-game warm-ups, breaks during practices or games and times following practices or games.
4. Only one coach from each team is allowed at the pre-game plate meeting and social distancing measures should be followed.

### Equipment

1. Players are required to bring their own equipment (helmet, bat, glove, etc.) to practices and games. At no time will a player be allowed to share their equipment with another player.
2. All equipment bags (player or team) will not be allowed inside a dugout. Player equipment bags should be spaced outside the dugout to prevent direct contact.
3. Spectators are asked not to retrieve any foul balls.
4. All CGSB equipment (practice softballs, bats, training screens, pitching machine, buckets, rakes, shovels, etc.) used by any players, coaches or team volunteers during a game or practice must be cleaned and disinfected afterwards. Cleaning supplies will be located in the storage sheds attached to the backstop.
5. Access to league equipment (in storage sheds) is limited to coaches & staff only.

### Spectators

1. No more than two spectators per player are allowed at all practices and games.
2. Spectators must maintain proper social distancing (6 feet separation) and wear face coverings at all times.
3. Spectators are encouraged to bring their own sanitizing wipes and hand sanitizer for porta potty or restroom use.

# Carver Girls Softball (CGSB)

## COVID-19 Guidelines

### 2021 Spring Season COVID-19 Waiver

"I \_\_\_\_\_ have read the Carver Girls Softball COVID-19 Guidelines and have reviewed them with my child \_\_\_\_\_.

I understand that these guidelines are mandatory and that failure to follow these can result in my child not being allowed to participate.

I understand that Carver participates in the Old Silver Lake League (OSLL) and although all communities of the Commonwealth are required to follow the State COVID-19 guidelines for Youth and Adult Amateur Sports Activities, some of the communities that also participate in the OSLL may have different or additional requirements for participant safety.

I understand that, per state guidelines, the CGSB Board of Directors as well as all coaches and team volunteers must fully cooperate with state health officials and local boards of health and their authorized agents.

I understand these guidelines are necessary for the safety of all participants (players, coaches, team volunteers, umpires, and spectators).

I agree to monitor my child at games & practices and if they are not abiding by these guidelines as instructed by their coaches or team volunteers, I will assist with compliance and may need to remove them from the activity.

I agree to not hold the Carver Girls Softball (CGSB) organization and/or its Board of Directors, Coaches or any Team Volunteers liable should my child or a member of my family contract the COVID-19 virus.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_