### SYFA Football & Cheer Practice Schedules 2019

# **Youth Football**

# PRE-SEASON BOOTCAMP Varsity, JV & Cub

| Day            | Time            | Location                 |
|----------------|-----------------|--------------------------|
| M, T, W, Th, F | 6:30pm - 8:30pm | Skyline Community Fields |

### Sophomore & Rookie

| Day            | Time            | Location                |
|----------------|-----------------|-------------------------|
| M, T, W, Th, F | 6:00pm - 8:00pm | Pine Lake Middle School |

## LABOR DAY WEEK PRACTICES (9/3-5/19)

Varsity & JV

| Day      | Time            | Location |
|----------|-----------------|----------|
| T, W, Th | 6:30pm - 8:30pm | PLMS     |

### Sophomore, Cub & Rookie

| Day      | Time            | Location             |
|----------|-----------------|----------------------|
| T, W, Th | 6:30pm - 8:30pm | SHS Community Fields |

# Regular Season Practices

Varsity & JV

| Day  | Time            | Location             |
|------|-----------------|----------------------|
| M, T | 6:30pm - 8:30pm | PLMS                 |
| Th   | 6:30pm - 8:30pm | SHS Community Fields |

# Rookie & Sophomore

| Day  | rime            | Location             |
|------|-----------------|----------------------|
| M, T | 6:30pm - 8:30pm | SHS Community Fields |
| Th   | 6:00pm - 8:00pm | PLMS                 |

#### Cub

| Day  | Time            | Location             |
|------|-----------------|----------------------|
| M, T | 6:30pm - 8:30pm | SHS Community Fields |
| Th   | 6:30pm - 8:30pm | SHS Community Fields |

### \*\*\*PLMS Practice Exceptions\*\*\*

The following days practice at PLMS will be from 7:00pm - 9:00pm\*Th 9/26/19\*M 10/7/19\*Th 10/17/19

#### Football Game Information

Games are held on Saturdays and location/time will vary by division. Please see your coach and/or team manager for game schedules, once released, for more information.

# Cheer

### Pre-Season Bootcamp

| Day         | Time            | Location |
|-------------|-----------------|----------|
| M, T, W, Th | 6:00pm - 8:00pm | PLMS     |

### Regular Season Practices

| Day   | Time            | Location |
|-------|-----------------|----------|
| M, Th | 6:00pm - 7:30pm | PLMS     |

# Flag Football

| Day | Time            | Location                 |
|-----|-----------------|--------------------------|
| Т   | 6:30pm - 7:30pm | Skyline Community Fields |

Above information is subject to change once the season starts. Please reach out to coaches and/or team managers for questions.