

## Bath Youth Baseball: Cal Ripken Additional Rules and Procedures 2021 Season

In order to get back to the field and play some baseball this season there will be new procedures and rules in place. The safety and health of players, coaches, and families is at the forefront of our plan. We need each of you to read this document carefully as we will all need to actively follow each of these rules and procedures in order to keep on playing and using the fields. These rules and procedures are based on guidelines from the national and Maine CDC, the national Babe Ruth League, and the City of Bath.

We will begin our spring season with team practices. We will be following the community sports guidelines and the level of play system that the Maine Dept. of Economic and Community Development will release. Kindness, communication, and flexibility is important. We will do this together as a strong baseball family.

### **MASKS and DISTANCING**

With the updated community sports regulations players, coaches, and spectators will be able to be mask free effective today. **While mask wearing is not required, six feet of distance is required.** This goes for all players, coaches, and spectators that are not part of a family or bubble group.

### **Equipment Usage and Disinfecting Plan**

Helmets will not be shared. Players will use their own or borrow one from the league for the season.

If a player has their own bat that will not be shared. Shared bats will be disinfected by a coach or parent volunteer between uses with clorox disinfecting wipes or lysol all purpose cleaner and paper towels.

Catching gear will be used by one player per session. It will be disinfected with clorox disinfecting wipes or lysol all purpose cleaner and paper towels directly after use. If a player has their own catching gear that will be used and not shared with other players.

Personal player equipment and water bottles will be separated from other players' equipment during practices and games.

### **Healthy Participation**

Coaches, players, family members, or spectators who are sick or who are experiencing any of the following symptoms or live with someone who is Covid-19 positive may not participate in Bath Youth Baseball practices or games. Symptoms include:

cough	fever	shortness of breath
chills	muscle pain	difficulty breathing

repeated shaking with chills	vomiting	unexplained headache
diarrhea	sore throat	new loss of taste or smell

## **Preparing for when someone gets sick/Outbreak Plan**

IF you are feeling sick with any of the symptoms listed in the “healthy participation” section stay home.

IF a player, coach, or spectator test positive for Covid-19 that must be communicated to the league IMMEDIATELY.

IF a player or coach exhibits symptoms during practice or a game they will be sent home.

IF you or someone in your household tests positive for Covid-19 you will:

- Communicate this information immediately to a coach or board member.
- Stay home.

IF a player, coach, or spectator tests positive for Covid-19 Bath Youth Baseball will:

- Communicate this information to the players, coaches, umpires, and family members associated with the team.
- Communicate this information to the Bath Recreation Department and the local health department.
- Shut down the field for usage for at least 24 hours and then disinfect all shared areas and equipment.

IF you test positive for Covid-19:

- You can be with others after...
- 3 days with no fever AND
- Symptoms improve AND
- It has been 10 days since symptoms first appeared.

IF you live in a household with someone who has tested positive for Covid-19:

- You need to self-quarantine for 10-14 days before rejoining play AND
- Be symptom free.

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League will	Coaches will
<ul style="list-style-type: none"> <li>• Create schedules with 15 minute time blocks between practices and games.</li> <li>• Communicate with families and players current information regarding the schedule and regulations that will be in place.</li> <li>• Provide hand sanitizer.</li> <li>• Provide disinfectant for shared equipment.</li> <li>• Display rules at each field.</li> </ul>	<ul style="list-style-type: none"> <li>• Disinfect shared equipment between uses.</li> <li>• Separate groups of players during practices to learn, play, and work at different stations for part of the practice time.</li> <li>• Clearly communicate the batting order and changes to the order during a game.</li> </ul>
Players will	Families will
<ul style="list-style-type: none"> <li>• Be responsible for their equipment and keep it separated from other players' equipment.</li> <li>• Pay attention and keep distance from other players when possible.</li> <li>• Keep water bottles with their spectators during games.</li> <li>• Bring and use hand sanitizer before and after practices and after using shared equipment.</li> <li>• Have their own personal helmet for use all season. Provided by the league if needed.</li> <li>• Know their batting order for games.</li> <li>• Sit with their families while waiting their turn at bat during a game. Dugouts will not be used by groups of players this season.</li> </ul>	<ul style="list-style-type: none"> <li>• Be on time dropping off and picking up their player for practice. If you are early for practice wait in your car until the official practice time begins.</li> <li>• Bring chairs/blankets to sit on for games and practices. Bleachers will not be used this season.</li> <li>• Limit super fans at the field to abide by the no more than 100 people at a field rule, including players and coaches. Athletes will not be traveling between fields.</li> <li>• Have hand sanitizer for their player to use at practice and between innings.</li> <li>• If traveling out of state players will need to have a negative test upon return or quarantine for 10-14 days.</li> <li>• Carry in/carry out trash.</li> </ul>
We all will	Catch-all
<ul style="list-style-type: none"> <li>• Maintain 6 feet of physical distance</li> </ul>	<ul style="list-style-type: none"> <li>• Personal bats and helmets will only be</li> </ul>

<p>whenever possible.</p> <ul style="list-style-type: none"><li>• Wear masks on and off the field.</li><li>• Stay home if we are not feeling well.</li><li>• Wash our hands or use a hand sanitizer with a minimum of 60% alcohol content frequently.</li><li>• Cough and sneeze into our elbows.</li><li>• Be thankful that we can be together.</li><li>• Cheer on all the players!</li><li>• Show kindness and grace as we work and play through this together.</li></ul>	<p>used by their owner.</p> <ul style="list-style-type: none"><li>• Shared equipment will be cleaned between uses.</li><li>• There will be no gum chewing or seeds allowed.</li><li>• There may or may not be bathrooms on site.</li><li>• The snack shack opening is to be determined.</li></ul>
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