



CSB COVID-19 Protocols and Safety Plan Winter 2021-22

The [Washington Department of Health](#) and [King County](#) have issued updated guidance for Youth Sports Participation. Physical distancing among spectators is strongly encouraged. Cedarcrest Select Basketball (CSB) will continue to follow the guidance of these two offices with regards to the health and safety of players. Should any new guidelines come out that effect players, coaches, or spectators at training or games, this document will be updated and redistributed.

NOTE: Certain counties, organizations, and/or gym providers may have tighter restrictions in place that may involve mask mandates, etc., and it is the responsibility of the hosting organization to notify us in advance of what rules are in place.

CURRENT POLICY (Based on Eastside Travel League COVID recommendations):

- Players must self-attest prior to participation. If not feeling well or symptomatic do not attend and let your coach know
- **ALL PLAYERS**
 - Are **REQUIRED** to wear masks while playing on the court, unless they can show proof of vaccination or a negative COVID test (within 72 hours)
 - It will be up to each individual coach/team to collect proof and document players who are vaccinated and/or have a negative COVID test
 - Are **REQUIRED** to wear masks while sitting on the bench (not actively playing)
- **ALL COACHES** are required to wear masks at **ALL TIMES** while inside the gym
- **ALL SPECTATORS**
 - Masks are **REQUIRED** to be worn indoors regardless of vaccination status
 - Vaccination status proof and/or negative COVID test (within 72 hours) will not be required at this time at our home gyms (may be required at other facilities)
- Limit attendance to immediate family and enforce social distancing

IN CASE OF A POSITIVE COVID-19 DIAGNOSIS:

If a Player or Coach tests positive for COVID-19, they can return to play when the following criteria are met, regardless of vaccination status **(Based on the DOH & CDC):**

- 5 days have passed since symptom onset, or since positive test date if no symptoms are present; *AND*
- No symptoms are present, or symptoms are resolving; *AND*
- No fever within the past 24 hours without the use of fever reducing medications. Players and Coaches should continue monitoring for symptoms and wearing a well-fitting masks.

IF THERE IS A POSITIVE CASE FOR COVID-19 – CSB COMMUNICATION NEXT STEPS:

- If the infected player was in contact with their team within 48 hours of diagnosis (date of positive test or date of symptom onset – (whichever was earlier), notify the parents/guardians that “someone” on the team has tested positive for the virus (do not reveal name of infected individual).

- Indoor basketball is considered a High-Risk exposure and does require quarantine based on a presumptive >15 minutes of contact with the infected individual within 6 feet over 24 hours, or other special circumstances (i.e., carpool, social or indoor exposure). Each player may choose to be tested for COVID-19 (especially non-vaccinated players).
- If the infected player played in a game with their team within 48 hours of diagnosis, CSB administrators must notify the opposing team immediately with suggestions as above.
- Disinfectant all equipment.

IN CASE OF A CLOSE CONTACT WITH AN INDIVIDUAL WHO HAS TESTED POSITIVE FOR COVID-19:

When an athlete or coach has been deemed to be a close contact with an individual who has tested positive for COVID-19:

WHO WE RECOMMEND QUARENTINE (Based on the DOH):

Players and Coaches who come into close contact with someone with COVID-19 should quarantine for at least 5 days (day 0 through day 5) after their last close contact with a person who has COVID-19 if they are in one of the following groups:

- Ages 18 or older and completed the primary series of recommended vaccine but have not received a recommended booster shot when eligible.
- Those who have received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a recommended booster shot.
- Those who are not vaccinated or have not completed a primary vaccine series.

WHO DOES NOT NEED TO QUARENTINE (Based on the DOH):

Players and Coaches who come into close contact with someone with COVID-19 do not need to quarantine if they:

- Are ages 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.
- Are ages 5-17 years and completed the primary series of COVID-19 vaccines.
- Had confirmed COVID-19 within the last 90 days.

CSB RESPONSIBILITIES:

- By agreeing to play this season, all coaches, players, and parents agree to follow all league/CSB protocols, policies, and responsibilities.
- Provide opponents with any rules that are specific to your facilities to be shared with visiting teams.
- If possible, have separate ingress and egress points to minimize traffic flow coming into and leaving the gyms. Send to opponents.
- Provide adequate seating space for social distancing.
- All teams are responsible for keeping attendance for which players are at every game.
- Have an effective communication plan in place, identify strategies for working with public health to notify adult leaders, youth, and their families if the organization learns a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity, while maintaining confidentiality as per law.
- Have an action plan in place, in case of a positive test (steps listed below in case of positive case)
- Train and educate all volunteers to protocols and requirements, including state and local regulations, CDC recommendations, and other necessary information.

- CSB should forward by email to coaches, players, and parents, all league protocols, policies, and expectations around game day.
- CSB will email their league administrators all league protocols, policies, and expectations around game day.
- CSB will communicate any cancelations or shutdowns as quickly as possible to all team administrators and CSB leadership.
- CSB will designate a COVID-19 contact person for any positive cases to communicate with opposing teams and league administrators should a case arise around a game weekend.
- CSB should communicate with coaches, players and parents that COVID-19 protocols will follow local public health and CDC guidelines.

COACH RESPONSIBILITIES:

- No coach that is sick or has signs or symptoms suggestive of COVID-19 should attend any CSB function/activity.
- Maintain physical distance (>6 feet) as much as possible.
- Make sure that your team has left the court within 5 minutes of the game ending.
- Wear masks at ALL times.
- Provide self-attestation documentation to gym administrators prior to games.

PLAYER RESPONSIBILITIES:

- No player that is sick or has signs or symptoms suggestive of COVID-19 should attend and CSB function /activity.
- Wait until prior game's teams have vacated the bench area before entering the space.
- Use hand sanitizer before and after the game.
- Wear masks while sitting on the bench and inside (exception can be while actively playing)

PARENT/GUARDIAN RESPONSIBILITIES:

- No parent/guardian/caregiver or player that is sick or has signs or symptoms suggestive of COVID-19 should attend any CSB function/activity.
- Spectators should remain socially distanced as much as possible.
- Do not loiter around the gym. Avoid gathering of people.
- Wear masks at ALL times.

For contact tracing purposes, if a coach, player, or official tests positive for COVID after the game, they need to notify coaches, CSB administrators and/or league administrators immediately. The CSB and league administrators will be responsible for notifying the appropriate league/team representatives.