



Niskayuna Soccer Club

2019 Indoor Practice Schedule

| | Monday | Monday | | Tuesday | Tuesday | | Wednesday | Wednesday | | Thursday | Thursday | | Friday | |
|-----------|----------|----------|--|---------------|----------|-----------|----------------|---------------------------------|--|-------------------------|----------|-----------|-------------------------|--------------------|
| | Field 1 | Field 2 | | Field 1 | Field 2 | | Field 1 | Field 2 | | Field 1 | Field 2 | | Field 1 | Field 2 |
| 4:45 | MU Boys | U8 | | 4:45 U10 Boys | U10 Boys | | 4:45 U8 TA | U14Boys TA Red/MU Boys TA Black | | 4:45 U10 Girls TA White | U12 Boys | | 4:45 U10 Boys TA White | U10 Boys TA White |
| 5:00 | MU Boys | U8 | | 5:00 U10 Boys | U10 Boys | | 5:00 U8TA | U14Boys TA Red/MU Boys TA Black | | 5:00 U10 Girls TA White | U12 Boys | | 5:00 U10 Boys TA White | U10 Boys TA White |
| 5:15 | MU Boys | U8 | | 5:15 U10 Boys | U10 Boys | | 5:15 U8 TA | U14Boys TA Red/MU Boys TA Black | | 5:15 U10 Girls TA White | U12 Boys | | 5:15 U10 Boys TA White | U10 Boys TA White |
| 5:30 | MU Boys | U8 | | 5:30 U10 Boys | U10 Boys | | 5:30 U8 TA | U14Boys TA Red/MU Boys TA Black | | 5:30 U10 Girls TA White | U12 Boys | | 5:30 U10 Boys TA White | U10 Boys TA White |
| 5:45 | MU Boys | U8 | | 5:45 U10 Boys | U10 Boys | | 5:45 U8 TA | U14Boys TA Red/MU Boys TA Black | | 5:45 U10 Girls TA White | U12 Boys | | 5:45 U10 Boys TA White | U10 Boys TA White |
| 6:00 | MU Boys | U8 | | 6:00 U10 Boys | U10 Boys | 5:45-5:50 | Break | Break | | 5:45 U12 Girls TA Red | U12 Boys | 5:45-5:50 | Break | Break |
| 6:15 | MU Boys | U8 | | 6:15 U10 Boys | U10 Boys | | 6:00 U12 Girls | U10 Girls | | 6:00 U12 Girls TA Red | U12 Boys | | 5:50 U12 Boys TA Silver | U12 Boys TA Silver |
| 6:15-6:30 | break | break | | | | | 6:15 U12 Girls | U10 Girls | | 6:15 U12 Girls TA Red | U12 Boys | | 6:00 U12 Boys TA Silver | U12 Boys TA Silver |
| 6:30 | U14 Boys | U14 Boys | | | | | 6:30 U12 Girls | U10 Girls | | 6:30 U12 Girls TA Red | U12 Boys | | 6:15 U12 Boys TA Silver | U12 Boys TA Silver |
| 6:45 | U14 Boys | U14 Boys | | | | | 6:45 U12 Girls | U10 Girls | | 6:45 U12 Girls TA Red | | | 6:30 U12 Boys TA Silver | U12 Boys TA Silver |
| 7:00 | U14 Boys | U14 Boys | | | | | 6:50 U12 Girls | U10 Girls | | | | | 6:45 U12 Boys TA Silver | U12 Boys TA Silver |
| 7:15 | U14 Boys | U14 Boys | | | | | 7:00 U12 Girls | U10 Girls | | | | | 6:50 U12 Boys TA Silver | U12 Boys TA Silver |
| 7:30 | U14 Boys | U14 Boys | | | | | 7:10 U12 Girls | U10 Girls | | | | | 7:00 U12 Boys TA Silver | U12 Boys TA Silver |
| 7:45 | U14 Boys | U14 Boys | | | | | 7:15 U12 Girls | U10 Girls | | | | | | |
| 8:00 | U14 Boys | U14 Boys | | | | | 7:30 U12 Girls | U10 Girls | | | | | | |

- U08 Coed:** Monday 4:45-6:15pm, Wednesday 4:45-5:45pm
- U10 Boys:** Tuesday 4:45-6:15pm, Friday 4:45-5:45pm
- U10 Girls:** Wednesday 6:00-7:30pm, Thursday 4:45-5:45pm
- U12 Boys:** Thursday 4:45-6:30pm, Friday 5:50-7:00pm
- U12 Girls:** Wednesday 6:00-7:30pm, Thursday 5:45-6:45pm
- U14 Boys:** Monday 6:30-8:00pm, Wednesday 4:45-5:45pm
- MU Boys:** Monday 4:45-6:15pm, Wednesday 4:45-5:45pm