

## St. Anastasia CYO 2018





Attention St. Anastasia School and CCD Students!
Grades 4 thru 8 and 3<sup>rd</sup> Grade born in 2008



Spring Registration is Open! www.saintanniescyo.org

## **Practice Schedule**

- Season starts March 1st!
- 3 Days Per Week, require attendance for at least 2
- Monday thru Friday dependent upon track/coach availability. Usually M, W, F
- Start at either 5:30 or 6:00 PM lasting approximately 1 hr.
- Locations are tentatively scheduled for MNHS, Delaware County Christian School and Episcopal Academy

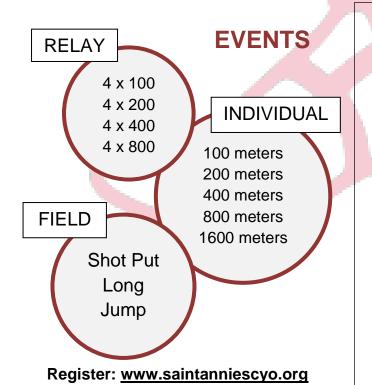
## **Eligibility**

Novice: Born 2007, 2008 \*

Minor: Born 2005, 2006

Cadet: Born 2003, 2005 \*\*

- \* includes 3<sup>rd</sup> graders born in 2008
- \*\* 8th Graders born on or after 9/1/2002



## **Meet Schedule**

- 5 Practice meets starting late March thru April
- Penn Relays in April (Franklin Field)
- Regional Championship
- Area Championship
- Archdiocesan Championship (Franklin Field)
- Saturdays 9am to 1pm or 1 to 5 pm,
   Sundays 1 to 5 pm. Dates: TBD
- Meet location will be dependent upon track availability. Frequent locations are MNHS, Garnet Valley, O'Hara, Upper Darby